



CAPE BRETON'S
GOT HEART

Report to Donors

2016



REGIONAL
HOSPITAL FOUNDATION

A Year to Celebrate

A Message from our Chair

As I look back on the last two years as Chair of the Cape Breton Regional Hospital Foundation Board of Directors, I have great pride in the important work that is being done by our Foundation to strengthen healthcare. On behalf of the Board of Directors I would like to extend great thanks to you, our donors, who have made it possible for us to reach many milestones.

Since 1991, more than \$38 million has been raised, initially to build the Cape Breton Regional Hospital, and then to ensure that our healthcare institutions are providing world-class care for all Cape Bretoners.

Thank you to those who pulled out your hockey sticks to play in our exciting road hockey tournament, the Because You Care Cup, those of you who joined us to toast our hospital at our annual Festival of the Greens Gala, and to those of you who have made donations all through the year to support different projects and programs – it makes excellence possible!



As a trained nurse and community leader, it has been an honor to serve as the Chair of the Cape Breton Regional Hospital Foundation Board for the last two years. As I step down and pass the torch of leadership to my colleague and friend, Glen Brann, I send best wishes for progress and continued success toward positive impact on the health of all Cape Bretoners.

Thank you, Cape Breton – together we can do amazing things!

Marlene Usher
Chair, CBRHF



At the Heart of It

A Message from the CEO

At the Cape Breton Regional Hospital Foundation, we could never do what we do without the incredibly generous efforts of our donors and volunteers.

In 2016, we have worked with you, for you, to ensure that all Cape Bretoners have access to quality healthcare closer to home. In fact, we've had one of our most successful years yet – raising \$4.7 million in disbursements and commitments, which is invested back into our hospital.

The Operation Heart campaign, focused on providing state-of-the-art equipment for the operating room and life-saving technology for cardiac services, has been a major part of our year at the Foundation. Through Operation Heart, we not only learned what these upgrades will mean for the 18,000 Cape Bretoners who rely on the care each year, but we had the opportunity to meet inspirational patients whose lives were saved and changed because of the care at the Cape Breton Regional Hospital.

As we strive to complete our \$1.4 million goal for Operation Heart, you, our donors, have been with us every step of the way. On behalf of the Foundation staff, thank you for making a difference. Whether you have committed to being a monthly donor to ensure we can provide support for priority equipment, or you made a contribution through your business or community event – you have created change and progress for our island and helped strengthen healthcare for Cape Bretoners.

Let's continue working together. Let's continue caring for one another. Let's ensure that healthcare is at the forefront of our priorities. After all, we have nothing if not for our health. At the Cape Breton Regional Hospital Foundation, we have nothing if not for you and your generosity.

Thank you – until no patient needs us, we need you!

Brad Jacobs
CEO, Cape Breton Regional Hospital Foundation

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Your Donations at Work & Our 2015 Financial Results

In 2015, thanks to you, we committed to investing **\$4.3 Million** into healthcare in Cape Breton!

2015 Disbursements

Cancer Care	\$	454,499
Diagnostic Imaging	\$	295,448
Operating Room	\$	188,490
Mental Health and Addiction Services	\$	102,149
Critical Care	\$	92,436
NICU/Labour and Delivery	\$	71,078
Emergency Care	\$	69,219
Pediatric Care	\$	42,618
Glace Bay General Hospital	\$	42,331
Palliative Care	\$	24,574
Medical Staff Education	\$	18,455
New Waterford Consolidated Hospital	\$	13,400
Total Disbursements	\$	1,414,697

2015 Commitments

Mental Health and Addiction Services	\$	1,350,000
Cape Breton Cancer Centre	\$	1,002,248
Pharmacy	\$	350,000
Diagnostic Imaging	\$	128,647
Glace Bay General Hospital	\$	74,600
NICU/Labour and Delivery	\$	24,994
Critical Care	\$	15,735
Medical Staff Education	\$	15,000
New Waterford Consolidated Hospital	\$	7,100
Total Commitments	\$	2,968,324

The above chart represents how our 2015 disbursements and commitments will be allocated across areas of care throughout Cape Breton. In total, \$4,383,021 is being invested into the health of Cape Bretoners – *thank you!*

For 2015, our total fundraising expenses represent 20% of total fundraising revenue. This is 43% lower than the industry fundraising expense ratio standard of 35% according to the Canada Revenue Agency.

CAPE BRETON REGIONAL HOSPITAL FOUNDATION Financial Highlights

Year ended December 31, 2015

Complete audited financial statements are available by contacting the Foundation Office.

REVENUES

Annual campaign	\$	1,076,593
Special events		402,917
Planned giving and major gifts		626,199
Capital campaign ¹		112,985
Other		27,397
Interest and realized losses on investments		222,806
		2,468,897

FUNDRAISING EXPENSES

Direct		351,204
Special events		130,942
		482,146

Net fundraising revenues	1,986,751
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Administration expenses	458,142
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NET FUNDRAISING REVENUES OVER ADMINISTRATION EXPENSES	\$ 1,528,609
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FUND BALANCES, JANUARY 1, 2015	11,393,128
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Fund balances before the following	\$ 12,921,737
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Unrealized losses on investments ²	938,578
Distributed to Nova Scotia Health Authority	1,387,897
Distributed to other organizations	26,800

FUND BALANCES, DECEMBER 31, 2015	\$ 10,568,462
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1. Does not include outstanding payments on multi-year pledges.
2. Represents temporary declines in the market value of equity investments held.

Sean's Story



One month before he was set to marry the love of his life, Alyssa, Sean found himself lying on the floor at the gym while playing basketball with friends.

At 23 years old, Sean Ferguson never dreamed he would find himself worried about his health.

In June 2016, one month before he was set to marry the love of his life, Alyssa, Sean found himself lying on the floor at the gym while playing basketball with friends.

He went into cardiac arrest.

His friends sprang into action. They worked on Sean until the ambulance arrived and rushed him to the Emergency Department at the Cape Breton Regional Hospital.

After stabilizing Sean, he was transferred to the Critical Care Unit.

When he opened his eyes days later, Alyssa was at his bedside and in that moment he knew that it was his goal to get healthy enough to watch her walk down the aisle in a few short weeks.

But the road ahead was long; a lot of uncertainty, testing, and a trip to Halifax for testing and surgery.

Having access to cardiac care at home means that Sean and thousands of other people will have the chance to continue to lead a normal life – right here at home, with their families and support systems.

Sean kept his word – on July 8th, he said “I do” to his beautiful wife Alyssa.

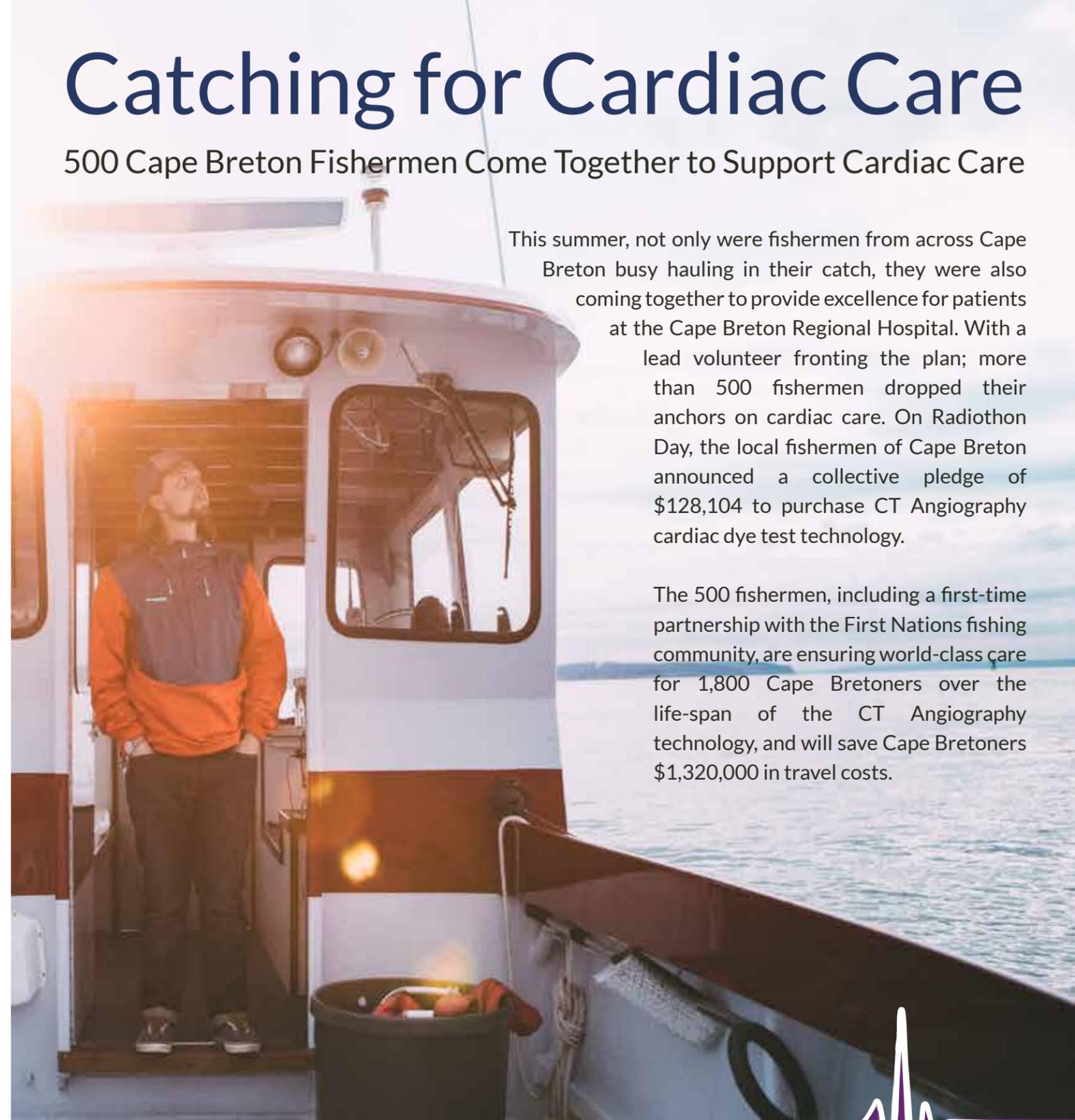
Today, Sean and Alyssa are expecting a new baby, set to be born exactly one year after his cardiac arrest – on June 9th, 2017.

Catching for Cardiac Care

500 Cape Breton Fishermen Come Together to Support Cardiac Care

This summer, not only were fishermen from across Cape Breton busy hauling in their catch, they were also coming together to provide excellence for patients at the Cape Breton Regional Hospital. With a lead volunteer fronting the plan; more than 500 fishermen dropped their anchors on cardiac care. On Radiothon Day, the local fishermen of Cape Breton announced a collective pledge of \$128,104 to purchase CT Angiography cardiac dye test technology.

The 500 fishermen, including a first-time partnership with the First Nations fishing community, are ensuring world-class care for 1,800 Cape Bretoners over the life-span of the CT Angiography technology, and will save Cape Bretoners \$1,320,000 in travel costs.



Operation
Heart

18,000

Cape Bretoners impacted

7,000

hearts cared for in cardiac
services each year

11,000

surgeries performed each
year at the Regional Hospital



Settling In: Donnie's Story

Foundation Donors Generously Give \$400,000 to SHIMI Build in Support of Mental Health

Wearing a welcoming smile and a Crossroads Clubhouse sweater, Donnie Wambolt reflects back on his struggle to find adequate housing over a period of ten years.

"I was dealing with depression, anxiety, and a divorce all at the same time," he explains. A decade ago, Donnie was diagnosed with depression and because of it, found issues securing meaningful employment.

"Finding a nice and safe place to live is difficult when you don't have steady employment – but is even more difficult when you're trying to get on a good path with your mental health."

Donnie spent time moving from housing situations with family, then to boarding houses which he describes as not ideal for anyone suffering with mental health illnesses. "Living in a boarding house means you have one room out of a larger house," he says as he thinks back on harder days. Imagine all the possessions you've collected and accumulated over the course of your life had to be placed in to a 10 by 12 bedroom. Imagine that you share a bathroom with strangers who live on the other side of a paper thin wall. Imagine you share kitchen space with others and cannot make your dinner at the time when you become hungry. Well, Donnie doesn't have to imagine. He's lived it.

"I have been a member of Crossroads Clubhouse for 6 years. I have grown in so many ways since then," pride comes over Donnie's face.

Recently, Donnie was eligible to apply for the newly built SHIMI apartments, a partnership between New Dawn Enterprises, Share Support Recovery, the Cape Breton Regional Hospital Foundation, and the Nova Scotia provincial and federal government.

"When I picked up the call that I got the apartment, it was one of the best days of my life," Donnie remembers. The SHIMI units, supportive housing for individuals with mental illness, are apartments that come fully furnished and equipped with laundry facilities in each unit. The apartments are connected in partnership with the Department of Community Services – who supply funding to clients every month for rent.

Tenants are able to focus on creating healthy paths to recovery rather than wondering where they will lay their head at night

Doctor's Care at the Cape Breton Regional Hospital

\$415,000 and Counting....

In 2016, physicians and dentists from across Cape Breton made a pledge to support care at the Cape Breton Regional Hospital.

With the leadership of a committee of dedicated and passionate physicians led by Dr. Bob Cohen, the campaign has received incredible support, raising \$415,000 for healthcare needs in Cape Breton.

Together they have created a campaign unlike any other done since the Cape Breton Regional Hospital opened in 1995.



Doctors Care Committee pictured below (l-r): Dr. Dorothy Dolhanty, Dr. Jeff Power, Dr. Paul Hickey, Dr. Siva Thanamayooran, Dr. Bob Cohen, Dr. Gail Bisson, Dr. Peter Littlejohn, Dr. Dale Miller



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Imagine Canada is a national accreditation for the charitable sector. Only 3 charities in all of Nova Scotia have this accreditation and we are one!

Imagine Canada strengthens and supports Canadian charities and nonprofits so they may better serve and engage individuals and communities here and around the world. Learn more at www.imaginecanada.ca.

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We are grateful for every gift we receive. In this report, we are pleased to recognize donors who have contributed \$250 or more in 2015.

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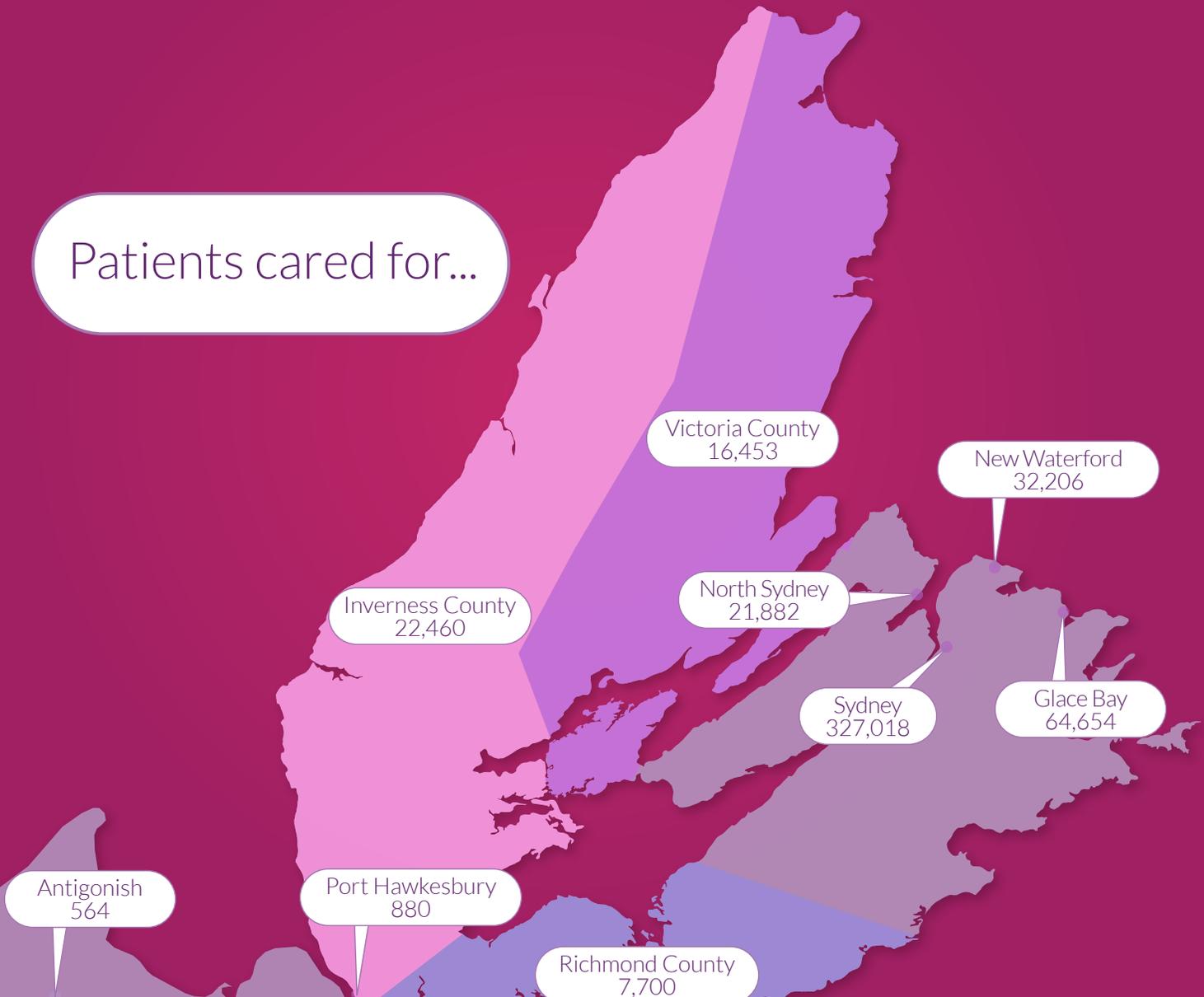
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