



A COMMUNITY STRENGTHENING HEALTHCARE



# As the Needs Grow, Our Community's Generosity Follows Suit

A Message from our Chair

I continue to be amazed by the generosity of our community and the capacity of Cape Breton's giving. Having served as Chair of the Board of Directors for the past two years, I have seen our Foundation team increase their capacity and connect with our loyal donors through both traditional and more innovative ways. Our donors have responded with genuine kindness and generosity, which has allowed our Foundation to rise to new heights. The 2018 fundraising year was incredible, showing us that the giving spirit of Cape Breton is alive and well and has reassured me, and our Board of Directors that when we are given the opportunity, we take care of one another.

The past year was exceptional in many ways. From the excitement of Ribfest, to nearly doubling our disbursements for patient care funds, and of course our work with Caleb MacArthur's family to create an endowment fund in Caleb's name. Through this work and our other events, as well as the incredible grass roots fundraising in our community, we have been able to impact the lives of those in need, when they need it most. All this great work happens as a result of the support from our donors.



The backbone of our Foundation is the incredible culture of giving - our donors know this all too well. We are fortunate to have this support, and it inspires our team to aim higher, in an effort to better support the health care needs of Cape Breton. With an exciting fundraising year ahead of us, we are thrilled to have our donors committed to the cause. We know that we can rely on your support and more importantly that the patients of the Cape Breton Regional Hospital can rely on your generosity.

On behalf of the Board of Directors, thank you for your past and ongoing support.

Glen Brann  
Chair, Cape Breton Regional Hospital Foundation

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# A year of excellence

## A Message from the CEO

At the Cape Breton Regional Hospital Foundation, we are honoured to do the work that we do. We recognize the importance of the fundraising and advocacy efforts, but we often reflect on the true heroes in our story – you, our community. We rely on continued support from donors and volunteers and we're humbled by how fortunate we are to have your support.



In 2018, with support of a committed Board of Directors, we were able to translate your generosity into world-class healthcare for patients here - at home. We work hard because we care and it's essential to us that we fulfill our promise to strengthen healthcare for Cape Bretoners. This year, with the unwavering support of our community, we were able to provide \$3,271,171 in disbursements and commitments, which has all been invested into our hospital.

In 2018, we bolstered patient care funds. Often patients can't afford to fight their battles alone and without financial support, many families would need to choose between life's essentials and their own wellbeing. In 2018, your donations made it possible for us to disburse more than \$439,600 back to patients facing financial barriers.

2018 brought some incredible warriors to us. From Harland Fraser and Leigh-Anne Cox, two young cancer patients battling from Caleb's Superhero Suite, to Ellen MacKenzie and Jason Fedora, who taught us the true meaning of resilience, we had true heroes in our midst. Their stories shed light on cancer and the incredible support of a community. This year, we hit a milestone we hoped to never hit, but we're fortunate to be able to support. To date, \$2,083,245 has been given back to cancer patients struggling with their finances since the inception of the Cancer Patient Care Fund in 2005.

As we move into a new year of fundraising and strengthening healthcare, our need for support has never been greater. Our donors are helping to shape the landscape of healthcare in Cape Breton. Our community is making way for the important work that needs to be done to support hundreds of thousands of patients who walk through the hospital's doors every year.

Your commitment to helping has been the constant our patients can rely on. From your donations and fundraising, we've been able to support the healthcare professionals who save lives – everyday. On every floor of the hospital, in every room and through every patient, your generosity can be felt. Your actions are positively effecting healthcare delivery in Cape Breton.

100% of your donations are strengthening healthcare for Cape Bretoners. We are eternally grateful and forever proud of you for your support.

Thank you – until no patient needs us, we need you!

Brad Jacobs



# Your Donations at Work & Our 2018 Financial Results

In 2018, thanks to you, we committed to investing **\$3.27 Million** into healthcare in Cape Breton!

## 2018 Disbursements

Cancer Care	\$	401,054
Operation Heart	\$	135,402
Pediatric Care	\$	99,639
Patient Comfort	\$	97,928
Diagnostic Imaging	\$	76,419
Mental Health & Addictions	\$	62,054
Palliative Care	\$	44,793
Medical Staff Education	\$	38,375
NICU/Labour & Delivery	\$	28,178
Heart & Lung Wellness	\$	12,003
Volunteer/ICU/Renal	\$	11,081
Other Foundations	\$	10,135
Recruitment & Retention	\$	5,000
<b>Total Disbursements</b>	<b>\$</b>	<b>1,022,063</b>

## 2018 Commitments

Operation Heart (Cardiac & OR)	\$	1,172,598
Mental Health	\$	640,000
MRI & DI	\$	285,221
NICU	\$	59,031
Mom & Baby	\$	30,765
Comfort & Care	\$	16,094
Cancer Centre	\$	15,430
Renal Dialysis	\$	13,225
Pediatrics	\$	6,500
Palliative Care	\$	5,044
ICU	\$	5,200
<b>Total Commitments</b>	<b>\$</b>	<b>2,249,108</b>

The above chart represents how our 2018 disbursements and commitments will be allocated across areas of care throughout Cape Breton. In total, \$ 3,271,171 is being invested into the health of Cape Bretoners – *thank you!*

For 2018, our total fundraising expenses represent 19.3% of total fundraising revenue. This is 45% lower than the industry fundraising expense ratio standard of 35% according to Canada Revenue Agency.

# CAPE BRETON REGIONAL HOSPITAL FOUNDATION

## Financial Highlights

Year ended December 31, 2018

Complete audited financial statements are available by contacting the Foundation Office.

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### DONATIONS AND EVENT REVENUE

Annual campaign	\$ 1,152,810
Special events	228,600
Planned giving and major gifts	804,595
	<hr/>
	2,186,005

### FUNDRAISING EXPENSES

Direct	343,153
Special events	77,996
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	421,149

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<b>Net fundraising revenues before administration expenses</b>	<b>1,764,856</b>
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Administration expenses	541,597
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<b>NET FUNDRAISING REVENUE</b>	<b>1,223,259</b>
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<b>FUND BALANCES, JANUARY 1, 2018</b>	<b>12,885,718</b>
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<b>Fund balances before the following</b>	<b>14,108,977</b>
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Interest and realized gains on investments	514,073
Unrealized losses on investments <sup>1</sup>	(1,274,589)
Distributed on behalf of Nova Scotia Health Authority	(1,011,928)
Distributed to other organizations	(10,135)

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<b>FUND BALANCES, DECEMBER 31, 2018</b>	<b>\$ 12,326,398</b>
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1. Represents temporary declines in the market value of equity investments held.

# Festival of the Greens

## Celebrating 15 years of dedication to healthcare

This past November, the **15th Annual Festival of the Greens Gala**, presented by Cape Breton Beverages kicked off the holiday season, hosting more than 500 guests, to a live and silent auction, dinner, dancing and a great evening of fundraising. With more than **\$137,000 raised** for the Cape Breton Cancer Centre's Alternative Therapy program, the Festival funded the program for the **next five years**.

This is just one example of the incredible work the Festival has been able to accomplish over the past decade and a half. From raising money for cancer care, to cardiac care, neo-natal care and even mental health, the Festival has raised \$1,740,611 in total and has impacted patients all over Cape Breton and beyond. The Festival of the Greens has been a leader in Cape Breton's charity events.

This year was bittersweet for Festival of the Greens co-founders, **Andrée Kelley and Roma Kehoe**, as they announced that this would be their last year as members of the committee. The duo started this event with the intention of celebrating the medical professionals of Cape Breton and hoping to raise money in the process. Little did they know this event would become so important to Cape Bretoners.

**100% of proceeds** from Festival of the Greens stay in Cape Breton. Thank you to the 2018 committee: Andree Kelley and Roma Kehoe as well as Carol Miller, Anna Mae Muise, Christine MacDonald, Allyson Unsworth, Nancy Inglis, and Brittany Smith.



# A Rib Roarin' Adventure in Fundraising

## RibFest 2018 – A great and tasty success

With more than 33,000 hungry folks walking through the gates of the **Sydney Ribfest** this past July, the aroma of ribs was only matched by the generosity of the crowds.

Thanks to the Rotary Clubs of Cape Breton and the hundreds of volunteers who participated, more than **\$58,549** was raised to support the Cape Breton Regional Hospital Foundation's Cancer Patient Care Fund and Caleb's Courage.

This year's funds supported cancer patients, struggling with the financial burden of their diagnosis, and critically ill children and their families. Both the Cancer Patient Care Fund and Caleb's Courage are **100% donor funded** and would not exist without the generosity of donors. Thanks to the amazing visitors at the gate, both cancer patients and children facing serious illnesses now have access to better care in Cape Breton.

Not only were the guests generous, but many sponsors and partners make this event possible. Without the support of sponsors, such as the Prime Ribber sponsor, **Destination Membertou**, this event wouldn't be possible. Most importantly, the **Rotary Clubs of Cape Breton**, who work tirelessly as volunteers, have created one of Cape Breton's biggest and best annual events. In addition to raising important funds for sick Cape Bretoners, they have **built community and celebrated the generosity** of our amazing island. Thank you to the Rotary clubs of Cape Breton, who are truly impacting healthcare – at home.

With hundreds of volunteers involved, the event went off without a hitch. The Rotary Clubs of Cape Breton have been hosting Sydney RibFest for four years and every year the members are invigorated by a community's giving. The Foundation is **excited and honoured** to announce that the Sydney RibFest committee has chosen the Cape Breton Regional Hospital Foundation's Cancer Patient Care Fund and Caleb's Courage as the recipients for the **2019 and 2020 RibFest events**.



“As I stood at the gate watching hundreds of people giving back every hour, I was truly humbled by the kindness of Cape Breton.”

— Brad Jacobs - Foundation CEO —

# Unique Gift Giving For All Occasions

Because You Care Holiday  
Catalogue's Success Makes  
For A Year Long Way To Give



Kaitlin Colbourne & Matt Denney of OTS present a cheque at RadioDay 2018 ▲

This past holiday season, **419** gifts were purchased by **229** people and every single gift helped strengthen healthcare in Cape Breton. The **Because You Care Holiday catalogue**, presented by **OTS**, was a new and unique gift-giving opportunity which was embraced by Cape Breton and helped raise **\$56,345** for multiple healthcare needs.

For those who couldn't decide what to put under the tree for loved ones, or what to get a coworker for Secret Santa, or how to simply do something good over the holiday season, the **Because You Care Holiday catalogue** was a perfect way to give back. Cape Bretoners were able to make meaningful gifts that directly impacted patients here - at home.

In addition to helping strengthen healthcare, gifts purchased through the catalogue were accompanied by a card, which was sent to the person the gift was made in honour of. Cape Bretoners were thrilled that they had an option to **give a loved one a meaningful gift** that showed up right at their door.

Thanks to the generosity of **OTS**, the **Colbourne family** and **Marty Chernin**, we kicked off the campaign with a lot of excitement. OTS sponsored the catalogue while Rodney Colbourne's family offered to match the first \$10,000 in gifts. The Colbourne family's generosity was promptly matched by local business leader, Marty Chernin. In response to this, Cape Breton came out in a big way funding 419 gifts ranging from \$20 to \$1,500 supporting **cancer care, pediatrics, Caleb's Courage, mental health, Crossroads, priority equipment and hospital staff appreciation.**

From presents under the Christmas tree for adults living with mental illness, to music therapy for children with serious illness, these gifts are all directly impacting healthcare here in Cape Breton.

This new and exciting way of giving will now be a year-round way to give back. From Mother's Day to birthdays and anything in between, this is the best way to make family and friends smile while helping hospital patients - here at home



## A community that cares

\$500,000 raised in community events to support excellence in healthcare

Over the past 30+ years there has been a common thread in healthcare in Cape Breton that cannot be refuted. Our community cares and they show it by **giving back**. Every year, amazing fundraising events happen all over our island. Every year, we are overwhelmed by the **hard work, kindness and generosity** that our community members show the patients of the Cape Breton Regional Hospital. In overcoming illness and focusing on wellness, many patients find it challenging and overwhelming, but they can rely on Cape Breton's compassion to get them through.

Knowing that neighbors, friends and family are hosting events all over our community to provide enhanced care, is nothing short of inspiring. This year was a special year that saw **more than 40 events raise half a million dollars** by community fundraising events in support of healthcare in Cape Breton. That means that more than **\$500,000** was raised by **Cape Bretoners, for Cape Bretoners** and 100% of that stays at home to ensure we have access to world-class healthcare.



▲ Jason Fedora has his smile back because of the Cancer Patient Care Fund

## Cancer Patient Care Fund has given more than \$2,000,000 back to cancer patients in Cape Breton

In 2005, the Cape Breton Cancer Centre identified that **financial struggle was weighing on cancer patients** undergoing treatment. Since then, Cancer Centre Social Worker, Tom MacNeil has been working with the Foundation, and our donors, to ensure that patients get support dealing with unexpected and often insurmountable financial costs as a result of their diagnosis.

The Cancer Patient Care Fund is **100% donor funded** and since 2005 has disbursed **\$2,083,245** back to cancer patients who struggle with unexpected financial costs. In 2018 alone, more than \$363,000 was given back to patients who desperately needed the support.

Often when someone in our community is diagnosed with cancer, they are met with new, **challenging and often impossible costs**. From medication not covered by insurance, to dental work and even income replacement, the fund helps to ease the **financial burden** during cancer patients' sickest days.

In 2017, an average of 30-35 patients used the fund to help with their financial struggles. Fast forward to 2018, that **number has jumped to an average of 45 patients a month**, with multiple months seeing more than 60 patients in need of financial support. **The need is growing**, but the people of Cape Breton have stepped up in a big way.

Thanks to the generosity of our community, the willingness to give back and the **commitment to strengthening healthcare** for cancer patients, our donors are able to continue supporting those cancer patients who need it the most.



Thanks to the committee, cancer research can be done in Cape Breton and Alexandra can help patients, just like her. ▲

## 5th Annual Because You Care Cup Funds Cancer Research

Clinical trials are an exciting way for patients to try new forms of treatment, otherwise unavailable to them. Over the past year the Cape Breton Cancer Centre has made **significant strides in developing exciting research**. This was made possible with funding from the annual **Because You Care Cup Road Hockey Tournament**, presented by Aucoin Renovations and Advanced Insulations.

In 2018, the 5th annual road hockey tournament, which is one of the largest of its kind in the east coast, raised a staggering **\$70,122**, which will directly impact cancer patients here in Cape Breton. Thanks to the endless work of the **volunteer committee**, cancer patients in Cape Breton have access to new treatment - at home.

Thanks to the funds raised, the Cape Breton Cancer Centre now has a **Research Coordinator, Alexandra Bruleigh**, working a full-time position in Oncology Research. The new coordinator is no stranger to the cancer centre, as she has worked in the Cancer Centre for approximately 5 years in the Medical Oncology clinic and in the chemotherapy suite, but **she's also a cancer survivor**. Alexandra was diagnosed with Hodgkin's Lymphoma at 19 years of age and was fortunate to have her surgery, bone marrow biopsy, chemotherapy and radiation all here **at home** - at the Cape Breton Regional Hospital.

Through the funds raised, equipment was also provided for the Research Coordinator's role ensuring she had the tools to do her job. To date, there are **3 open studies** in the Oncology Research Department. One of these studies has 9 patients enrolled. The other two research studies have a total of 8 patients enrolled, all of whom have had **access to cutting edge treatment**, otherwise unavailable to them.

Care – at home





## Imagine Canada Approved!

Imagine Canada is a national accreditation for the charitable sector. Only 3 charities in all of Nova Scotia have this accreditation and we are one!

Imagine Canada strengthens and supports Canadian charities and nonprofits so they may better serve and engage individuals and communities here and around the world. Learn more at [www.imaginecanada.ca](http://www.imaginecanada.ca).

In January 2017, the Cape Breton Regional Hospital Foundation achieved prestigious accreditation from Imagine Canada's Standards Program showing excellence and compliance in five key areas of operations:

1. Board governance
2. Financial accountability
3. Fundraising
4. Staff management
5. Volunteer involvement

## 2018 Donors

We are grateful for every gift we receive. In this report, we are pleased to recognize donors who have contributed \$250 or more in 2018.

### \$250 - \$999

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# Thank you to our community, from Caleb's Family

We all have moments, unique experiences, that mark our lives, our hearts, our purpose. For us, losing our little boy was **THE moment** of all moments, the monumental catalyst that changed the course of our lives forever. But from the darkest dark, **Caleb's Courage** was born, bringing moment after moment of radiant light for our family, and for all the families we are helping.

To our incredible community, **thank you** for nurturing that light, and with your infinite love and support, setting it ablaze. In the last four years, you have been instrumental in helping us achieve two major project goals. First, the completion of **Caleb's Superhero Suite** for our littlest superheroes, bringing the comforts of home to their hospital room. Secondly, just this past year, the creation of an endowment fund that will provide security and comfort to families with critically ill children in Cape Breton **FOREVER**. Together we have sustained a **legacy of love** that will last a lifetime.

We are blessed to live on an Island that has truly been "**our rock**". Not only have you followed our family's journey, many times, you have carried us - with your kind messages and gestures, volunteer work, attending our events, social media support, donations. Through your words and actions, you are raising awareness, sharing Caleb's story, and **celebrating our little superhero**. We quickly realized that Caleb did not only capture our hearts, but yours too. You choose to help because you care deeply, for Caleb and all the little superheroes fighting for their lives every day in Cape Breton! Your support reminds us that **our family is never alone**, nor are the families that are currently amidst their biggest battles.

Just like Caleb's spirit, **Caleb's Courage is larger than life**, ever-growing and far bigger than we could have possibly imagined. From our family to yours, **thank you for helping us build this beautiful legacy in Caleb's name**. We know our little angel is smiling down on us with pride.

With heartfelt gratitude,

The MacArthur Family  
Mike, Nicole, Ella, Aubreigh, Caleb,  
Lauchlin, & Emery





100%  
of donations  
stay in  
Cape Breton

More than  
**\$50,000,000**  
raised!

More than  
**\$2,000,000**  
given back to  
Cape Breton  
cancer patients

Renovation of  
Caleb's Courage  
Superhero Suite

More than  
**\$1,350,000**  
for Mental Health  
and Addiction Services

Expansion of  
Cape Breton  
Cancer Centre

More than  
**\$517,000**  
raised by doctors  
and dentists in  
Cape Breton

Creating state-of-the-art  
OR Suite for  
**11,000**  
annual surgical  
procedures

Renovation  
of  
Pediatrics  
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