



**A COMMUNITY
INSPIRED:**
REPORT TO DONORS 2019



REGIONAL
HOSPITAL FOUNDATION

MOVING FORWARD – STRENGTHENING HEALTHCARE – AT HOME

A Message from our Chair

This past year was remarkable. In my first year as Chair of the Board of Directors, I have seen our Foundation team improve their capacity to develop relationships with our loyal donors. This year, our donors have been at the forefront of the excitement around a new cancer centre for Cape Breton. We have asked and they have overwhelmingly responded with support for this campaign. It's especially significant to me, as a cancer survivor. Today I am "cancer free" in all reports from my medical team. The fear that the cancer will return is still there, it's real but we deal with it.

To say I am grateful that I received my treatment at our local hospital, our Cape Breton cancer centre, would be an understatement. We are extremely fortunate to have it and now it's time to build a new cancer centre for the next generation. It's up to us. We're at the centre of creating something significant in Cape Breton. I can't imagine having to go through this ordeal away from home, my family and the comfort of my community.

When the Foundation team talked about branding this campaign, we consulted donors, volunteers, staff and the Cape Breton community. We decided on the theme being built around "At home". This resonates with so many people, but I can sincerely tell you how it impacts me.

Beyond the initial phases of our campaign, this year was remarkable for so many other reasons. In 2019 more than 50 community events supported us, thousands of Cape Bretoners attended these events, which resulted in more than \$1,700,000 in annual fund revenue. All in an effort to make positive change in Cape Breton. Through it all, we're shaping the future of healthcare in Cape Breton. Our donors have impacted the lives of all those who are dealing with serious medical concerns and for that, we thank you.

With a generational campaign ahead of us, we thank you – our committed donors, for being there when it counts. We can rely on your support and generosity to strengthen healthcare here in Cape Breton.

On behalf of the Board of Directors, thank you for your past and ongoing support.

Stan MacDonald
Chair, Cape Breton Regional Hospital Foundation



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CARE - AT HOME

A Message from the CEO

Thanks to you, our loyal donors, 2019 marked another year of progress, milestones and positive impact in supporting our mission of strengthening healthcare for Cape Bretoners. Our staff and volunteer Board are privileged to work with Cape Breton's most generous and heart-warming people. The kindness displayed through events, donations and volunteering is often overwhelming and incredible. We rely on your generosity, but we thrive on your support. We are able to provide excellence in health care, because you care.

In 2019, your generosity led to **more than \$6,200,000** in disbursements and commitments to the Cape Breton Regional Hospital. With your support we invested close to \$500,000 into the Cancer Patient Care Fund, grew our endowment, increased our annual fundraising and launched the quiet phase of a capital campaign to build a new Cancer Centre in Cape Breton. Our special events included a record breaking RadioDay (more than \$1,050,000 raised) with our partners at 101.9 The Giant and New Country 103.5, a renewed Festival of the Greens (raising more than \$152,000) at the Joan Harriss Cruise Pavilion and another successful Because You Care Cup (more than \$60,000) that has now raised more than \$420,000 since 2014.

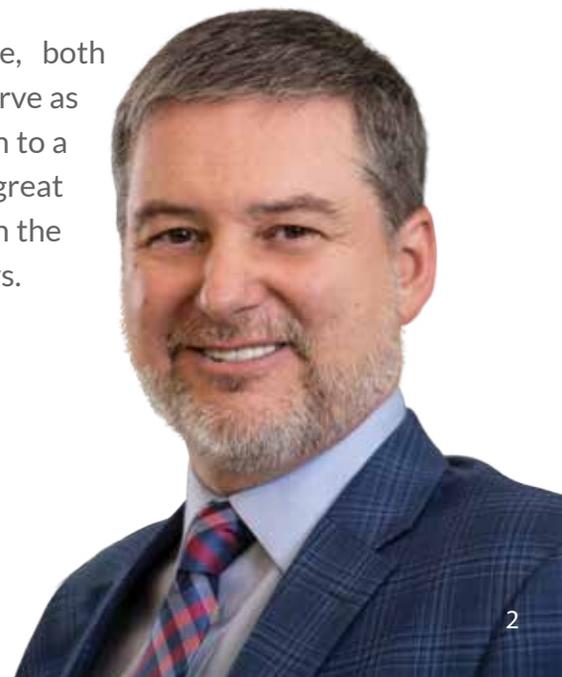
2019 introduced us to some incredible patients fighting cancer and promoting cancer care here - at home. Brenda McCarthy ignited a flame that fully funded radiation therapy equipment that drastically improves quality of life for lung cancer patients. Danielle MacKinnon-Allen showed us what it's like to battle a brain tumor while displaying only a positive attitude all while never having to leave Cape Breton for her care. These were two of the many stories that demonstrated the impact on the lives of Cape Bretoners, you, our donors are having.

With your support, you are helping patients who need support in a most fragile time. Because of you, families can have world-class health care, closer to home. 100% of your donations are strengthening healthcare for Cape Bretoners. I can't emphasize enough how grateful we are for every dollar you give.

The past 7.5 years have marked a significant chapter of my life, both professionally and personally. It has been an honor and a privilege to serve as the CEO of the Cape Breton Regional Hospital Foundation. As I move on to a new career path, I will forever look back at this chapter in my life with great fondness and satisfaction. Together, we have had a significant impact on the lives of Cape Bretoners! Thank you for your support last year and always.

Sincerely,

Brad Jacobs
CEO, Cape Breton Regional Hospital Foundation





Your Donations at Work & Our 2019 Financial Results

In 2019, thanks to you, we committed to investing **\$6.21 Million** into healthcare in Cape Breton!

2019 Disbursements

Operation Heart	\$	971,679
Cancer Care	\$	506,175
Other Foundations	\$	317,246
Diagnostic Imaging	\$	250,000
Pediatric Care	\$	163,841
NICU/Labour & Delivery	\$	81,456
Mental Health & Addictions	\$	60,151
Medical Staff Education	\$	40,127
Patient Comfort	\$	20,156
Volunteer/ICU/Renal	\$	10,236
Heart & Lung Wellness	\$	10,233
Palliative Care	\$	5,044
Recruitment & Retention	\$	3,500
Total Disbursements	\$	2,439,844

2019 Commitments

Cancer Centre	\$	2,608,325
Mental Health	\$	640,000
Operation Heart (Cardiac & OR)	\$	297,118
ICU	\$	89,038
MRI & DI	\$	53,000
Mom & Baby	\$	33,845
Renal Dialysis	\$	23,225
Comfort & Care	\$	19,318
Pediatrics	\$	6,848
Total Commitments	\$	3,770,716

The above chart represents how our 2019 disbursements and commitments will be allocated across areas of care throughout Cape Breton. In total, \$ 6,210,560 is being invested into the health of Cape Bretoners-*thank you!*

For 2019, our total fundraising expenses represent 19.04% of total fundraising revenue. This is 45.6% lower than the industry fundraising expense ratio standard of 35% according to Canada Revenue Agency.

CAPE BRETON REGIONAL HOSPITAL FOUNDATION

Financial Highlights

Year Ended December 31, 2019

This is an overview of our financial statements. Complete audited financial statements are available by contacting the Foundation Office.

REVENUE

Annual Campaign	\$ 1,490,884
Special Events	257,943
Planned Giving and Major Gifts	671,246
Capital Campaign	158,173
Interest, Dividends, Exchange and Net Realized Gains on Investments	668,378
Total Revenue	3,246,624

FUNDRAISING EXPENSES

Direct Expenses	419,385
Special Events Expense	71,488
Total Fundraising Expenses	490,873
Net Fundraising Revenues	2,755,751

Administration	563,094
Distributed to Nova Scotia Health Authority	2,122,598
Distributed to Other Organizations	317,246
Unrealized Gain on Investments	1,007,961
Excess of Revenue over Disbursements	\$ 760,774

CAPE BRETONERS VALUE CANCER CARE

These are the faces of the patients who you help



Brenda

Brenda faced pancreatic cancer head on and although she's still battling, donors helped her fund the specialized equipment that was recommended when she was first diagnosed.



Leigh-Anne

Leigh-Anne continues to battle cancer and spends many days at the Cape Breton Regional Hospital. She has access to care – close to home, because her community cares.



Dinah

Dinah faced an uncertain future at only 36 when breast cancer was her new reality. She never had to leave her husband or pets. She was a 20 minute drive from the Cape Breton Cancer Centre.



Ellen

Ellen's breast cancer threatened to take her away from her best friend, her granddaughter - Neico. She lost her hair, but never lost hope because she had all of her treatment at home in Cape Breton.



Jason

Jason lost his smile when radiation caused severe tooth decay. The Cancer Patient Care Fund was there to ensure he could afford the costly dental work when he had no insurance to pay for it.



Harland

Harland fought a brain tumor at only 8 years old and won the battle. He's now recovering and living a normal life, thanks to the support of his community.

JENNIFER MACDONALD'S CANCER CARE HERE – AT HOME

I'm unexpectedly in the best place I've ever been

Jennifer MacDonald's second **cancer** diagnosis was a bit less of a shock, but still very scary. This time, she was "**home.**" She had moved to Cape Breton six months before a diagnosis of breast cancer flipped her life upside down.

Moving here from Boston, having worked at America's #1 Research Hospital and Harvard Medical School's original and largest teaching hospital, friends and family expected her to return there for treatment. Many were shocked when she said, "I want my treatment **here - at home.**"

Settling here in Cape Breton, Jennifer met with her oncologist and immediately felt comfortable. They had a plan, however, cancer is not something that follows a plan. A well-planned treatment, by talented professionals, can change your life. **It saved Jennifer's.** All of her treatment, 6 rounds of chemotherapy, 30 rounds of radiation and a double mastectomy surgery, were here – **at home.**

Jennifer is now a permanent Cape Breton resident. She is thrilled that Cape Breton's new Cancer Centre will treat patients' medical, social & emotional needs like never before. She knows that **this is our community's chance to impact cancer care for generations to come.**

Jennifer decided that giving back to improve cancer care in Cape Breton is important to her. Just as she embraced Cape Breton, **Cape Breton embraced her.** Since moving home, she had the opportunity to start her own business, AJ's Country Boarding and Daycare in beautiful Port Morien, named after her father. She lives along the ocean, working with dogs and has **beat cancer at home.** She says, "My life is unexpectedly in the best place it's ever been."

Being diagnosed here, Jennifer decided to dig roots even deeper into Cape Breton soil. Her and her staff have given back, volunteered time and even held a fundraising event. It all makes this feel like home more than ever.



Jennifer is **at home** in Port Morien, where she loves life and honours her Dad

FROM CHÉTICAMP TO SYDNEY, THE GIVING SPIRIT IS ISLAND-WIDE

Cape Breton's generosity is felt in every corner of our heart-shaped island



At the far east coast of Canada, a rustic island sits proudly in the Atlantic Ocean. It's a post-industrial island, trying to find itself once again after a collapsed coal mining industry and buckled steel plant. Cape Breton is proud. Cape Breton is diverse. Cape Bretoners take care of one another.

The Cape Breton Regional Hospital Foundation relies on donations from across our island. Our donors, in every small community, give because they rely on the regional hospital for life-saving care. One event this past July, raised more than \$25,000 for the Cancer Patient Care Fund - the **Cape Breton Cancer Patient Walk-a-thon**. In the beautiful rural Acadian community, a resilient and spirited group of volunteers hosts a walk in Chéticamp every summer to support cancer patients facing nearly insurmountable costs associated with their diagnosis. This event has raised more than \$270,000 since it started in 2008. This is the unwavering support that cancer patients need when they are facing the worst days of their lives.

Another example of island-wide kindness is the second annual **Because You Care Holiday Catalogue**, presented by Colbourne Automotive Group. For the second year in a row, hundreds of Cape Bretoners funded health care needs as gifts for their loved ones. Since last year, **more than \$108,000** has been raised. In 2019 alone, **450** gifts were purchased by **225** people raising an incredible **\$52,085**.

Thanks to the generosity of the **Colbourne Automotive Group**, who sponsored the catalogue and matched the first \$10,000 in gifts, Cape Breton funded essential needs for **cancer care, pediatrics, Caleb's Courage, mental health, Crossroads, priority equipment and hospital staff appreciation**.



Donors from Chéticamp to Sydney and everywhere in between give to help patients like Leigh-Anne and Molly.

FROM LITTLE HARBOUR TO DUNDEE, KINDNESS IS ALL AROUND

Harbour Wars & NuStar Fairways to Success are just a few more incredible events giving back

Nestled in a little community outside of St. Peter's lies the fishing community of Little Harbour. This small community, with a big heart, hosted an event that raised **more than \$23,000** for cancer patients in Cape Breton. The first annual **Harbour Wars** was a friendly skills competition among the fishing community to raise money for the Cancer Patient Care Fund.

The top team, 'Grandpère's Boys' won \$1,000 and **donated their winnings back** to the fund. This fun event challenged Richmond County's fishing industry to raise money and compete in fun events: Cod Fish Shuffle, Fish Filleting, Dory Races, Nautical Obstacle Course and Tug of War. **100% of the money raised** went directly to supporting cancer patients dealing with the financial uncertainty that comes along with a cancer diagnosis. Harbour Wars will be back on August 22, 2020.

Not far away, in Dundee, **Nustar Energy's** annual Fairways to Success golf tournament was held in August also in support of the **Cancer Patient Care Fund**, and **Caleb's Courage**. The event raised **\$110,000** to support children with critical illness and cancer patients in Cape Breton. 9-year-old Harland Fraser, who recently battled a brain tumor and was supported through Caleb's Courage, delivered hand-written cards to thank the golfers for their generosity.

Over three years, NuStar energy has given back **\$345,000** for children with critical illnesses and cancer patients facing financial struggles as a result of their diagnosis.



Harland Fraser



1st Annual Harbour Wars



AT HOME – A CAMPAIGN TO BUILD CAPE BRETON'S NEW CANCER CENTRE

Broadening Our Donor Base

This year, the Cape Breton Regional Hospital Foundation was excited to announce a commitment to launch a **multi-year, multi-million dollar capital campaign to support the building of Cape Breton's new Cancer Centre**. This is the largest capital campaign in the 35+ year history of our organization and we are heavily invested in making a significant financial contribution towards strengthening health care for Cape Bretoners.

The new Cape Breton Cancer Centre will more than double in size. It will be a comfortable, supportive centre focused on patients and their families. The new, state-of-the-art cancer centre will allow for a comprehensive approach to care and treatment all under one roof.

We consulted our donors and community partners and with more than 835 people surveyed from **all 4 Cape Breton counties** and it's clear that there is **overwhelming support** for a campaign to build Cape Breton's new Cancer Centre.

To achieve this, we need to find new support across the country and beyond. In November, the Foundation held an event at Irwin D. Simon's Toronto office for more than 100 Cape Bretoners and supporters. To date, \$30,000 and counting has been raised as a direct result of this event.

In June, the Foundation held an event in Halifax for more than 50 Cape Bretoners and supporters. With a heartwarming story from Caleb MacArthur's father, Mike, the crowd was moved to better understand the needs of **strengthening cancer care in Cape Breton**.



(L-R - Mayor Cecil P. Clarke, Irwin D. Simon, Brad Jacobs, Hon. Geoff MacLellan, Stan MacDonald)

WITH THE SUPPORT OF A COMMUNITY, MORE THAN \$300,000 WAS RAISED FOR STEREOTACTIC BODY RADIATION THERAPY IN CAPE BRETON.

As an essential part of the campaign to build Cape Breton's new Cancer Centre, our donors will fund state-of-the-art equipment to treat cancer - **at home**.

In 2019, we met a warrior with a mission. Brenda McCarthy was in the **battle of her life, diagnosed with pancreatic cancer**. She was told her best option was *Stereotactic Body Radiation Therapy (SBRT)*.

This top-notch treatment delivers a concentrated radiation and immobilizes the body, allowing for pinpoint accuracy treating tumors. SBRT can reduce treatments (1-5 instead of 20-40+), reduce impact on the tissue surrounding the tumor and most importantly - **offers greater quality of life for cancer patients**. Essentially, it can offer less days in the hospital, more time with family and fewer treatments. When Brenda was first diagnosed, this option was not offered in Cape Breton and she was too sick to travel. Brenda thought, 'Challenge accepted.'

Although the equipment costs nearly \$300,000, it was important to her to try to fundraise for it. Brenda's tenacity, paired with an unmatched community of support, enabled her to raise more than \$52,000 at her event '**A Night Out with Brenda**' with 500 guests.

Pair Brenda's heart-felt determination with RadioDay 2019, which focused the MECO Construction DKI and Jim Sampson Volkswagen power hours on this priority equipment and the equipment was fully funded.

Thanks to Cape Breton's kindness and Brenda's spirit, we will be able to offer Cape Bretoners, starting with lung cancer patients, a new and innovative way to treat cancer.

Brenda is still battling cancer, but **Cape Breton is helping her fight**. She even received a special call from Alex Trebek, host of Jeopardy, when he heard of her courageous battle and fundraising efforts.

A close-up portrait of Brenda McCarthy, a woman with a warm smile, wearing a patterned headscarf and a purple top. The background is a soft, golden glow.

“ Cancer is bold. It doesn't choose us based on who we are, but we get to choose how we deal with it. Cape Bretoners choose to deal with it by giving back ”



Imagine Canada Approved!

Imagine Canada is a national accreditation for the charitable sector. Only 3 charities in Nova Scotia have this accreditation and we are one!

Imagine Canada strengthens and supports Canadian charities and nonprofits so they may better serve and engage individuals and communities here and around the world. Learn more at www.imaginecanada.ca.

In January 2017, the Cape Breton Regional Hospital Foundation achieved prestigious accreditation from Imagine Canada's Standards Program showing excellence and compliance in five key areas of operations:

1. Board governance
2. Financial accountability
3. Fundraising
4. Staff management
5. Volunteer involvement

2019 Donors

We are grateful for every gift we receive. In this report, we are pleased to recognize donors who have contributed \$250 or more in 2019.

\$250 - \$999

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Ms. Heather Kearney
Ms. Raylene Kearney
Mr. Vince Kehoe
Mr. Ted Kennedy
Mr. Andrew Kerstens
Ms. Sandra Killam
Mr. Jason King
Mr. Michael and
Mrs. Diane Lachowicz
Mrs. Celeste Lahey
Mr. and Mrs.
Blair J. Landry
Mrs. Brenda Landry
Ms. Pamela Landry
Mr. David and
Mrs. Margaret Langlois
Mr. David and
Mrs. Marilyn Langlois
Mr. Dennis Lanoe
Ms. Nicole Larade
Mrs. Paula Larade
Mr. and Mrs.
Laurent Lavoie
Mr. Ron and
Mrs. Alison Lawrence
Mrs. Colleen Leadbeater
Mr. and Mrs. Harold M.
Leadbeater
Mrs. Alvina LeBlanc
Ms. Glenda LeBlanc
Mr. Greg Leblanc
Mr. Leandre and
Mrs. Josephine LeBlanc
Mr. Paul and
Mrs. Brenda LeBlanc
Mr. Ian Lee and
Ms. Wendy King
Mrs. Edith Lees
Mr. Greg and
Mrs. Julie Leforte

Ms. Natasha LeJeune
Mr. Jerry and
Mrs. Sharon Lemoine
Mr. Bernard LeVert
Ms. Annette Lewis
Mr. Brian and
Mrs. Sandra Lewis
Mr. Gilbert and
Mrs. Bernardine Lewis
Ms. Janice Lewis
Mrs. Stacey Lewis
Miss Joyce Lively
Ms. Sharon Locke
Ms. Valerie Lotherington
Ms. Marlene Lovett
Ms. Sylvia Lucas
Ms. Debbie Lush
Dr. and Mrs.
Andrew Lynk
Mr. Aubrey and
Mrs. Dawn Lynk
Mr. James and Mrs.
Marguerite MacArthur
Ms. Carrie MacAskill
Mr. Jim MacCormack
Ms. Sheila MacCormick
Mr. Gordon and
Mrs. Pat MacCoy
Mr. Albert and
Mrs. Marlene MacDonald
Ms. Alison Macdonald
Mr. and Mrs.
Andrew MacDonald
Ms. Arlene A. MacDonald
Ms. Crystal MacDonald
Mr. Cyril MacDonald
Mr. Doug MacDonald
Mrs. Erin MacDonald
Mr. Frank MacDonald
Mr. Gordon and Mrs.
Barbara A. MacDonald
Mr. J. Vernon and
Mrs. Patricia MacDonald
Mr. James and
Mrs. Barbara MacDonald
Mr. James MacDonald
Mrs. Jean MacDonald
Ms. Jean A. MacDonald
Rev. John J. MacDonald
Mr. and Mrs.
John T. MacDonald
Mr. Kenneth and Mrs.
Doreen M. MacDonald
Ms. Lisa MacDonald
Ms. Lloydette C.
MacDonald
Ms. Margaret MacDonald
Mrs. Mora A. MacDonald
Mr. Neil and
Mrs. Debbie MacDonald
Mr. Neil MacDonald
Ms. Sheilah MacDonald
Mr. Sheldon and
Mrs. Carolyn MacDonald
Mr. Stan and Mrs.
Stephanie MacDonald
Mr. and Mrs.
Stephen C. MacDonald
Mr. Troy MacDonald
Mr. Tyler MacDonald and
Mrs. Jennifer MacDonald
Ms. Valerie MacDonald
Dr. William MacDonald

Ms. Andrea MacDougall
Mr. Gordon MacDougall
Ms. Heather MacDougall
Mr. Kevin MacDougall
Mr. Mike and Mrs.
Stephanie MacDougall
Mr. Alan MacEachern
Ms. ZoeAnne MacEachern
Ms. Joan MacGillivray
Mr. Sandy and Mrs. Anne
M. MacGillivray
Mrs. Ann Marie MacInnes
Mr. Chris MacInnis
Mr. Jimmy MacInnis
Mr. and Ms.
John MacInnis
Mr. Glenn MacIntosh
Mr. Stephen MacIntosh
and Mrs. Beverly
MacIntosh
Mr. Bill and
Mrs. Roberta MacIntyre
Mr. Carl MacIntyre
Ms. Cathy MacIntyre
Ms. Cathy MacIntyre
Mr. Clarence MacIntyre
Mr. Ian and Mrs.
Ann Marie MacIntyre
Ms. Susan MacIntyre
Mr. Blaise MacIsaac
Ms. Rachelle MacIsaac
Mr. Eric and
Mrs. Linda MacKay
Mr. Robert A. MacKay
Ms. Rose M. MacKay
Mr. Gordon and
Mrs. Dorothy MacKeigan
Mr. Darrell MacKenzie
Mr. Gerard and Mrs.
Coleen M. MacKenzie
Mr. and Mrs.
Greg MacKenzie
Mr. Michael and
Mrs. Marie T. MacKenzie
Mr. Cecil and
Mrs. Georgina Mackie
Mr. Jack and
Mrs. Aileen MacKillop
Mr. Albert and Mrs.
Margaret MacKinnon
Mr. Bernie and
Mrs. Janet MacKinnon
Mr. Glendon MacKinnon
Mr. and Mrs.
John MacKinnon
Mrs. Levinia MacKinnon
Ms. Margaret Ann
MacKinnon
Mr. Michael J. MacKinnon
Mrs. Phyllis MacKinnon
Ms. Virgilia MacKinnon
Mr. Adam MacLean
Ms. Ainslie MacLean
Mr. Alex and
Mrs. Eileen MacLean
Mr. Dwayne MacLean
Mr. Eric and Mrs. Donna
Lynn MacLean
Mrs. Evelyn MacLean
Mr. George and
Mrs. Lois MacLean
Ms. Jennifer MacLean
Mrs. Joan MacLean

Ms. Joan MacLean
 Ms. Michelle MacLean
 Mr. and Mrs.
 Paul MacLean
 Ms. Agnes MacLellan
 Mr. Gerard MacLellan
 Mr. James MacLellan
 Mr. Kevin and
 Mrs. Elaine MacLellan
 Mr. Alan and
 Mrs. Debbie MacLeod
 Ms. Barbara MacLeod
 Ms. Brenda MacLeod
 Ms. Jaclyn MacLeod
 Mr. Joseph E. MacLeod
 Miss Ruth Ann MacLeod
 Ms. Tania MacLeod
 Ms. Edith MacMillan
 Mr. John and
 Mrs. Ange MacMillan
 Mr. Norman and
 Mrs. Gwelda MacMillan
 Mr. Michael MacNamara
 Mr. Alan MacNeil
 Ms. Elizabeth MacNeil
 Mr. Gillis MacNeil
 Ms. Glenda MacNeil
 Ms. Peggy MacNeil
 Mr. Vincent O. MacNeil
 Ms. Barbara MacPherson
 Mr. Frank A. MacPherson
 Mr. Gordon A.
 MacPherson and
 Mrs. Barbara Larade
 Mr. Scott MacQuarrie
 Mrs. Carol MacQueen
 Mr. Gordie MacQueen
 and Mrs. Patsy
 MacQueen
 Mr. Robert MacQueen
 Ms. Evelyn MacRitchie
 Mr. Doug MacSween
 Ms. June MacSween
 Mr. Mike and
 Mrs. Patricia MacSween
 Mr. Louis J. Maillet
 Ms. Richelle Maloney
 Mr. Stephen Mann
 Mr. George and
 Mrs. Teresa J. Manton
 Mrs. Myrna Marchand
 Mr. Todd Marmulak
 Mr. Scott and
 Mrs. Lois Marsh
 Mr. William D. Marsh
 Ms. Ann Martell
 Mr. Iain and
 Mrs. Karrie Matheson
 Mr. and Mrs.
 Sheldon Matheson
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 Stenhouse
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 Dr. Michael R. McCarvill
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 McCormick
 Mr. Kevin and
 Mrs. Anne McCormick
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 Ms. Brenda McFadgen
 Mrs. Sarah C. McGean
 Mr. Basil and
 Mrs. Lorraine McGillivray
 Dr. Christopher McIntosh
 Mr. and Mrs.
 Charlie McIntyre
 Mr. John and
 Mrs. Pauline McIsaac
 Mr. and Mrs.
 Daniel McKeough
 Ms. Valerie McKinnon
 Ms. Ruth McLagan
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 Mrs. Helen McLellan
 Mr. Bernie and
 Mrs. Wilma K. McLeod
 Mr. Shaun McMullen
 Mr. Ray and
 Mrs. Shirley McNabb
 Ms. Colleen McNamara
 Ms. Diane M. McNeil
 Ms. Kim McNeil
 Ms. Rosalie McPherson
 Mr. and Mrs.
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 Mr. Blair Meating
 Ms. Robyn (Roberta)
 Melnick
 Mr. Bruce and
 Mrs. Lizz Meloney
 Ms. Audrey Mercer
 Mr. Kenneth Mercer
 Mr. Jeremy Mesics
 Ms. Sandra Mesics
 Mezza Lebanese Kitchen
 Mike MacDonald
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 Mrs. Donna Mikkelson
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 Mrs. Irene Miller
 Mr. Bobby and
 Mrs. Heather Mills
 Ms. Elizabeth Mirao
 Mr. Wayne Mollons
 Mrs. Catherine Moore
 Mr. Rick Moore
 Mr. Terrance and
 Mrs. Mary Moore
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 Mr. Brian and
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 Ms. Jennifer Morrison
 Mr. and Mrs.
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 Ms. Marian Morrison
 Ms. Rita Morrison
 Mrs. Verola Morrison
 Mr. Gerard and
 Mrs. Anne Morrow
 Ms. Pat Muggah
 Ms. Robin Mugridge
 Ms. Jennifer Muise
 Dr. Katie Muise
 Mrs. Kelly Muise
 Mr. and Mrs.
 Paul E. Muise
 Ms. Tracey Munro
 Mr. Bobby and
 Mrs. Laurie Murphy
 Ms. Mildred Murphy
 Ms. Christine Murray
 Ms. Rosemary Murrin
 Dr. Mahmood and
 Mrs. Rae M. Naqvi
 Mr. David and
 Mrs. Paula Nearing
 Mrs. Deborah Neville
 Mr. Ralph and
 Mrs. Mary Neville
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 Mrs. Jessie O'Keefe
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 Mr. Paul Oldford
 Mr. Gary O'Leary
 Mrs. Gwen O'Neil
 Mr. and Mrs. Paul O'Neill
 Dr. Sean Orrell and Mrs.
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 Mr. Chris Osmond
 Mr. and Mrs.
 James O'Toole
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 Ms. Lenore Parsley
 Ms. Shera Parsons
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 Ms. Heather Patterson
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 Mrs. Donna Peach
 Mr. Harold Peach
 Mr. Greg Penney
 Ms. Faith Penny
 Ms. Gina Penny
 Ms. Donna Pero
 Ms. Elaine Pertus
 Mr. Abe and
 Mrs. Ann-Marie Peters
 Mr. Abe and
 Mrs. Elda Phillips
 Ms. Elizabeth Pierce
 Ms. Ashley Poirier
 Ms. Darlene Poirier
 Mr. Jason Poirier
 Mr. Mathias Poirier
 Ms. Mona Poirier
 Ms. Shelly Poirier
 Ms. Joan Poirrier
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 Mr. Kevin and
 Mrs. Lisa Polegatto
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 Mr. and Mrs.
 Henry Poswiata
 Mrs. Raylene Power
 Mr. and Mrs.
 Richard C. Power
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 Mr. Stephen Pye
 Mr. Harvey and
 Mrs. Deborah Pyke
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 Mrs. Jennifer Radtke-
 Jardine
 Ms. Bertha Raoul
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 Mr. and Mrs.
 George Schaller
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 O.C.
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 Mr. Darren and
 Mrs. Shayna Strong
 Mrs. Nancy Strong
 Ms. Colleen Symes
 Mr. Darrell and
 Mrs. Laura Syms
 Mr. Bill and
 Mrs. Brenda Tattrie
 Mr. Dawson Taylor
 Mr. Harry Taylor
 Mr. Dieter and
 Mrs. Freda M. Thelen
 Mr. and Mrs.
 Philip Theriault
 Ms. Bonnie Thompson
 Mr. Dane Thompson and
 Mrs. Danielle Johnston
 Mr. Renald Thompson
 Mr. Tony and
 Mrs. Louise Tierney
 Ms. Tanya Townsend
 Mrs. Mary Ann Troke
 Mr. Ray and
 Mrs. Anne Tynski
 Mr. Glenn and
 Mrs. Marlene Usher
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 Catherine van-de-Ven
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 Mr. Donald and
 Mrs. Dianne Wadden
 Mr. Ken and
 Mrs. Bernadette Wadden
 Mrs. Margaret Wadden
 Mrs. Clara Wadman
 Mr. Kent and
 Mrs. Debi Walker
 Mr. and Mrs. Neil Walker
 Mr. Shane Walker
 Mr. Vince and
 Mrs. Kay Walker
 Mr. Francis and
 Mrs. Jo-Anne Wall
 Mr. Fred Warner and
 Mrs. Ellen Warner
 Ms. Marjorie Wassilaskus
 Mr. and Mrs.
 Brian Whalen
 Mr. Craig White
 Mrs. Geraldine White
 Mr. Henry and
 Ms. Claire White
 Mrs. Rose White
 Mr. Steve White
 Ms. Jenna Whiting
 Mr. Derek Whynacht
 Mr. Gary Williams
 Mr. Graham and
 Mrs. Betty Williams
 Mr. Craig Wilson
 Mr. John and
 Mrs. Sandra Wilson
 Mr. Laird and
 Mrs. Claire Wilton
 Mr. Daniel Wincey
 Ms. Johanna Winton
 Mr. Ron Witherall
 Mr. Kevin and
 Mrs. Anne Young



A special cheque presentation for more than \$87,000 donated to the Intensive Care Unit

A Life Saved in the ICU

MCHAPPY DAY RAISES MORE THAN \$87,000 FOR INTENSIVE CARE UNIT AFTER MCDONALD'S OWNERS' SON MAKES MIRACULOUS RECOVERY

Justin Kennerknecht died last year. For seven whole minutes his heart stopped and all his family heard was 'code blue' coming over the hospital speaker. On January 12th, 2019, Justin suffered a stroke at only 33 years old and they **didn't expect him to survive.**

Justin's father, Wayne, learned that a **stroke was not the end for his son, in fact it was the beginning.** They didn't know at the time that the generosity of our community would play such a role in his recovery.

Justin spent 20 days in the **Intensive Care Unit** lying unconscious and often lifeless. When his doctors assessed him, the prognosis was grim. The **worst day of Wayne's life** was when he was told that he may have to consider taking Justin off of life support.

Against all odds, Justin began to show signs of improvement. He was responding to treatment and more importantly, he was responding to the voices and touch of his family. While they waited, they saw other families lose mothers and daughters, sons and brothers. They saw doctors and nurses **save lives** and give other patients and families **dignity** at the end.

This was just what Wayne and his wife, Gail, needed to make an important decision. Wayne and Gail own 5 McDonald's Restaurant locations in the CBRM. Every year, they raise money for our hospital, through McHappy Day. Typically, it's for pediatric care, but this year they decided to fund priority equipment and family comforts for the ICU.

After the most successful McHappy Day to date, more than \$87,000 was raised, bringing their total to \$277,461. With those funds, a portable ultrasound machine and essential family comforts were funded. Justin is recovering, and now our donors are making recovery even more likely for the next patients.

A Community That Gives Where They Live

New First time donors giving to support Cancer Care

MEAT COVE

Cape Breton Cancer Patient Walk-a-thon Raises \$25,000 for the Cancer Patient Care Fund

CHETICAMP

Island Breast Friends, made up of breast cancer survivors, donates \$8,500 to the Cancer Patient Care Fund and continues to make comfort baskets for the newly diagnosed

NEW WATERFORD

Planned Giving event welcomes more than 60 guests to learn about their future impact

INVERNESS

MammoWarriors raise more than \$30,800 for the Cancer Patient Care Fund

MILLVILLE

Cancer Patient Care Fund Appreciation Dinner Raises \$7,000+ for the fund

IONA

Local business increases donation 10X from last year to support Cape Breton's new Cancer Centre

PORT HAWKESBURY

Nustar Fairways to Success Golf Tournament raises \$110,000 for Caleb's Courage & Cancer Patient Care Fund

DUNDEE

Mako My Day Shark Fishing Derby Raises \$10,000 to renovate Renal Dialysis Waiting Room

LOUISBOURG

Bay Boys Motorcycle Club raises \$8,200 for mental health & addictions

GLACE BAY

Harbour Wars raised \$23,000+ for Cancer Patient Care Fund

LITTLE HARBOUR

True North donates \$25,000 to Caleb's Courage

SYDNEY



REGIONAL HOSPITAL FOUNDATION