



REGIONAL
HOSPITAL FOUNDATION

Community Like Never Before: 2020 Report to Donors



A Message from the Chair

While 2020 was a year of change and uncertainty, in the true spirit of Cape Breton and its people, we persevered.

Despite these times, donors of the Cape Breton Regional Hospital Foundation helped to realize \$2,126,011 in revenues. While we may have seen larger numbers in past years, this achievement is notably admirable given that we had to cancel major fundraising events and third-party fundraisers were not able to take place.

This success and perseverance would not have been possible without the guidance and dedication of our Board of Directors, the hard work, compassion and determination of our staff and, of course, the unwavering support and generosity of our donors.

2021 is a new year with new opportunities. We have a strong team, committed donors and, together, we will achieve new heights for healthcare in Cape Breton – we will rise again.

I would like to extend my utmost gratitude and assure you, our donors, that through these unprecedented times, our focus and commitment remains true and strong. We shall continue our work to strengthen healthcare for all Cape Bretoners, right here at home.

Thank you.

Stan MacDonald,
Chair, Board of Directors



A Message from the CEO

2020 was a year that we, collectively, will never forget.

Like all of us, the Cape Breton Regional Hospital Foundation saw many changes and challenges. Along with a global pandemic, the Foundation saw changes in leadership, including my transition to CEO.

Although there were uncertainties, my personal transition has been rewarding and uplifting due to the outpouring of kindness, generosity, and giving spirit of each and every one of you. I thank you, from the bottom of my heart, for continuing to support our Foundation during these unparalleled times.

Over the past six months, I've witnessed the people of Cape Breton, and beyond, join to help ease the burdens of those experiencing health issues, collectively purchase transformative healthcare equipment, and extend generosity to our healthcare teams. And, I've seen first-hand the incredible impact our donors and healthcare workers have on patients in our Hospital. Because of you, Cape Breton patients have more opportunities to receive the quality care and supports they need, here at home.

Though we're still amidst a global pandemic, I am optimistic for the future and feel we are positioned to overcome challenges and poised to seize new opportunities, given the generosity of our community and our passion for caring for one another.

My warmest thank you to each and every one of you for welcoming me to my new role and for joining to strengthen healthcare, here at home, in Cape Breton.

Paula MacNeil, CFRE
CEO



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Carrie Ann Maloney: Fighting for Time, Fighting for Family

"Cancer doesn't define me, but it is threatening to take away everything we worked so hard for. It is relentless and cruel."

Carrie Ann Maloney knows she'll never ring the bell to signify that she's cancer free, but she continues to fight. She fights for something most precious: time with her family, which she and her husband worked so hard to build, and time with her friends.

Carrie Ann is no stranger to having to fight. Though she's been diagnosed with stage four melanoma, one of her biggest fights thus far was the fight to adopt three children with her husband Troy.

"When we adopted Sam, Jamie and Austin, our lives changed forever," says Carrie Ann. "They were the pieces that were missing from our family and they made us whole. They needed us and we needed them. It was the biggest fight with the biggest reward."

Fighting cancer is just one more chapter in Carrie Ann's life, and she says she and her family are still writing the pages.

"We all deserve more time," says Carrie Ann. "The donors of the CBRHF and their gifts are helping to make that a reality by funding specialized equipment, facility upgrades and patient programs not just for me, but for anyone who has to hear those dreaded words - you have cancer."

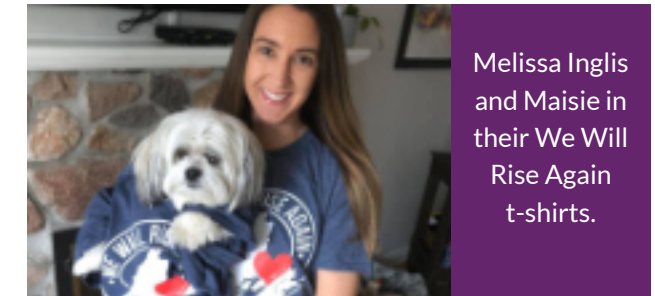
Carrie Ann would like to thank our donors for giving, and says that her family appreciates each of you for your kindness and generosity more than you'll ever know.



Carrie Ann with her family, left to right: Samantha, Troy, Carrie Ann, Austin and Jamie.

A Community Committed to the Cause

Cape Bretoners are known for their ability to adapt and overcome, as well as their commitment to community and supporting each other – especially when times are tough. This year has been no exception. Cape Bretoners have shown our Foundation the meaning of community like never before.



Melissa Inglis and Maisie in their We Will Rise Again t-shirts.

City Print + and Anchored Ideas partnered with our Foundation to launch "We Will Rise Again" t-shirt sales, and our community was eager to support. More than \$85,000 was raised, allowing our Foundation to respond to the Hospital's priority needs, including COVID-19 support.

The CBRHF was one of 140 Canadian hospital foundations selected to receive the Frontline Fund, helping to support the priority needs of healthcare workers in Canada during the COVID-19 pandemic.

Thanks to Johnson Insurance and the Frontline Fund, we thanked our healthcare workers by providing the comfort of free coffee and treats. We were also able to fund virtual care equipment, such as iPads, to the CBRH.



The MacArthurs celebrating Caleb's Walk Run Fly.

We launched a virtual Facebook auction, as well as 'Run Because You Care,' a virtual run. Both events received an outpouring of support from local businesses and community members, and together raised \$12,952.

The annual 'Caleb's Walk Run Fly' event was also able to move forward, virtually, and saw great participation and support from our community.

Community partner Colbourne Auto also got creative, and donated \$500 from every RAM truck sale made between November and December, for a total of \$10,000.



Faces of Our Foundation

Our Foundation couldn't possibly do what we do without the support of our community donors, volunteers and healthcare workers. Meet a few of our special friends, who are helping to strengthen healthcare on Cape Breton Island.

Gordie Farmer – Bottles 4 Kids

After struggling, learning and healing from mental health issues, Gordie Farmer and his two children wanted to give back to the charity that, he says, saved his life.

Gordie, Mason and Brielle decided to launch 'Bottles 4 Kids,' collecting recyclable bottles from neighbours and friends. The trio raised \$700 in their first year, and \$1,000 the following year.

As of last year, Gordie and his family have raised more than \$30,000 toward Access 808 – child and youth mental health – at the Cape Breton Regional Hospital Foundation.

Gordie says, "I'll do whatever it takes to make sure that we collect as many bottles as we can and make our Hospital the best in the world – that's my goal."



Gordie Farmer and his children, Brielle and Mason.

Ralph and Mary Neville – Volunteers Extraordinaire

Ralph and Mary Neville have been volunteering with the Cape Breton Regional Hospital Foundation for nine years. Along with being two of the most dedicated volunteers our Foundation has ever seen, they are also long-time monthly donors.

Ralph and Mary instantly become an essential part of the team as soon as they walk through the office door. Or, in the instance of 2020, from the comfort of their kitchen table. From hammering signs into the ground, to packing Baby Boxes, to stuffing thousands of envelopes with letters, they have done it all.

"The Hospital has been very good to us and we try to help out in any way we can," say Ralph and Mary. "Our favorite Foundation event is Radio Day – we look forward to that event every year."



Ralph and Mary volunteering at a Golf Tournament fundraiser in 2012.

Island Breast Friends – Cooking up Donations

Island Breast Friends is a group of five incredible women from New Waterford, forever linked by their shared experiences with breast cancer. This year, they launched their third cookbook: Comfort Cooking.

The recipes in the book come from cancer survivors and their supporters. Sales of the book have spanned across Canada and even into the United States, raising more than \$20,000 toward the Cancer Patient Care Fund. With this donation, the Island Breast Friends have now donated \$60,000 to our Foundation.

"We were hoping to make a positive difference in a time of pandemic. A cancer diagnosis is tough enough, but during a time of pandemic, there is a greater need for people to feel connected and not alone."



Island Breast Friends (Patsy MacDonald, Heather McNeil, Valerie Carrigan, Wanda MacDonnell and Agnes Martell) presenting their donation to Tom MacNeil from the Cape Breton Cancer Centre.

Jillian Delorey – Caring for Cape Bretoners

Jillian Delorey is a medical social worker at the Cape Breton Regional Hospital. In Jillian's vast role, she works to cover inpatient units such as Labor and Delivery, Obstetrics, the Neonatal Intensive Care Unit and Pediatrics. She also works with prenatal and post-partum referrals, pediatric referrals, and with the pediatric advanced care team.

Our Foundation relies on social workers, like Jillian, to identify patients in need of our funding support for items such as care programs, medical prescriptions and equipment, travel costs and much more.

"My favorite part of my role is having the privilege of entering family's lives at such an intimate and happy time, which can also sometimes be very uncertain and life-changing," says Jillian. "I truly couldn't do what I do without the support of the Cape Breton Regional Hospital Foundation and its donors."



Jillian Delorey, Medical Social Worker

A Successful Socially Distanced Radio Day – More than \$750,000 Raised!

If you've ever had the opportunity to participate in Radio Day in-person, you would have experienced the overwhelming feeling of community, hope, energy, emotion and connection to a cause. It truly is one of the greatest days of the year for our Foundation.

So, this year, while keeping public health guidelines and our community's safety top of mind, we also had a goal of maintaining the true Radio Day experience. Thanks to Centre 200, our tremendous partners Stingray's 101.9 The GIANT and New Country 103.5, and our dedicated volunteers, we were able to do so.

Because of the incredible generosity of Cape Bretoners and beyond, Radio Day 2020 raised a total of \$753,772!

Our MECO Construction DKI and Jim Sampson Volkswagen power hours were dedicated to raising funds specifically for CellaVision – a new-to-Cape Breton vital piece of cancer care equipment. On Radio Day alone, we were able to achieve 80 per cent of this goal. Thank you!



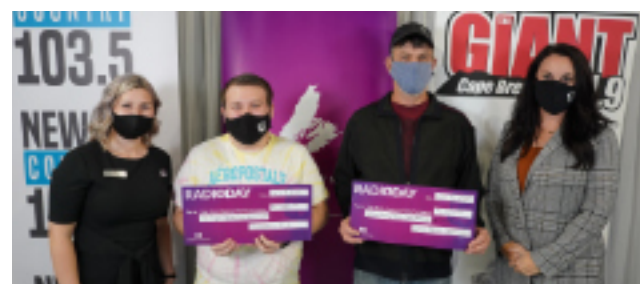
Our incredible Radio Day volunteers answering the phones and accepting donations.



Jim Sampson Motors presenting \$10,000 to our Foundation.



MECO Construction DKI presenting \$10,000 to our Foundation.



Austin Chapman and his grandfather Joey presenting their donations on Radio Day.

Thank you! Because of your generosity, Radio Day has raised more than \$8,000,000 over 12 years, all in support of strengthening healthcare here in Cape Breton.

RADIO DAY
2021
SAVE THE DATE:
Radio Day '21 will take place on October 7!

CellaVision – the First of its Kind for Cape Breton - is Fully Funded!

Thanks to the generosity of 1,015 donors, more than \$220,000 has been raised, **meaning CellaVision has been fully funded for the Cape Breton Regional Hospital!** Thank you!

To all of our donors: please know that your impact on healthcare here in Cape Breton is literally *transformative*, as CellaVision will be brand new – the first of its kind – on our Island.

In cancer diagnoses, every minute counts. Your gift to help fund CellaVision means a significant decrease to the timeframe in which cancer diagnoses are made and treatments are started. Soon, when that *one abnormal cell* is identified, we will no longer need to physically transport the test to Halifax for review. Soon, wait times for results will be reduced from up to four days to just eight critical hours.

By helping to fund CellaVision, you are giving Cape Breton cancer patients the gift of an early start to a long battle. You might just be providing them the time needed to survive.

We are now working with Nova Scotia Health to purchase CellaVision and make this dream a reality. We will announce once it arrives at the Cape Breton Regional Hospital, as this will truly be cause for a celebration.

Thank you for your kindness, generosity and support, which has helped to transform and strengthen healthcare in Cape Breton.



Because of our donors, CellaVision is funded and coming to the CBRH for the first time!



Joanne Menchefski, Point of Care Specialist for lab services at CBRH, and Meredith Forrest Parks, Eastern Zone Director of Laboratory Services, speaking on the importance of CellaVision at Radio Day 2020.

A Tribute to Cayla Toomey

Cayla Toomey couldn't remember her wedding day. Not because she was caught up in the moment, or because it was a whirlwind day. She doesn't remember her wedding because she was barely conscious, and **her family thought she was breathing some of her last breaths.**

On April 9, 2020 Cayla first visited the hospital with severe headaches, and was sent for an MRI. A brain tumor, the size of a peach, was found behind her right eye. After spending time in the hospital, the tumor was being managed and Cayla was doing well, until May 26, when Cayla was, again, admitted to the hospital. On May 27, her daughter and soon-to-be husband were notified that she may not make it through the night.

With a wedding date set for September 5, 2020, Cayla's fiancé (now husband) Tim knew that if he wanted to marry his best friend, he would have to do so quickly. The hospital staff decorated Cayla's room, and on May 27, Cayla and Tim said "I do".

Though Cayla made it through the night, she continued to fight every day. Her fight was made easier knowing that she could be surrounded by her loved ones each day.

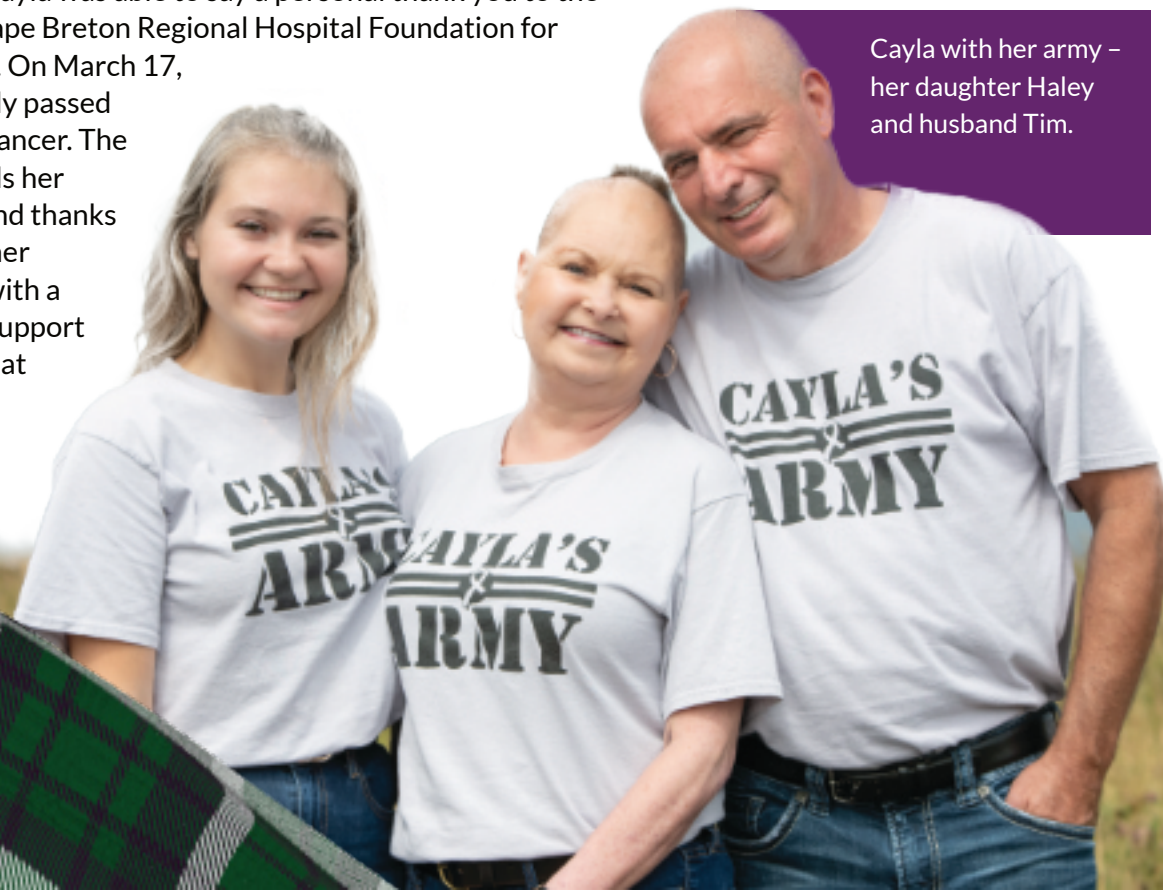
"Cancer scared me, but the thought of needing treatment outside of Cape Breton was too much to bear," said Cayla. "Thankfully I was told that I'm able to receive treatment at the Cape Breton Cancer Centre."

On Radio Day, Cayla was able to say a personal thank you to the donors of the Cape Breton Regional Hospital Foundation for their generosity. On March 17, 2021, Cayla sadly passed away from her cancer. The Foundation holds her memory close and thanks her for sharing her personal story with a goal of helping support healthcare here at home.



Cayla, Tim and Haley during Cayla and Tim's hospital wedding ceremony.

Cayla with her army - her daughter Haley and husband Tim.



2020 Donors - We are grateful for every gift we receive. In this report we are pleased to recognize donors who have contributed \$250 or more in 2020.

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Statistics say that **one** out of **two** Canadians are expected to be diagnosed with cancer in their lifetime¹.



Nova Scotia ranks **third** in the country for cancer diagnoses.



6,900 Nova Scotians are diagnosed each year².



These rates are **higher still** within Nova Scotia Health's **Eastern Zone**³.



The Eastern Zone, with its higher rates of cancer diagnosis, also has **higher poverty levels**⁴.



A new cancer centre must include the ability to treat patients within their communities and **not require timely and costly trips** of up to five hours to receive treatment.



¹Canadian Cancer Society
²Nova Scotia Health and Canadian Cancer Society
³Canadian Cancer Society
⁴Nova Scotia Health

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