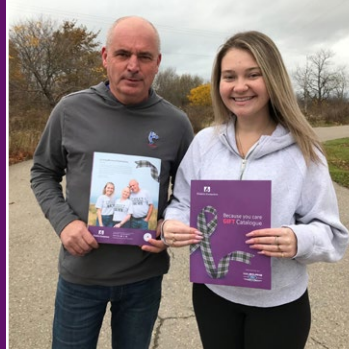




REGIONAL
HOSPITAL FOUNDATION

HOPE FOR ONE AND ALL, HERE AT HOME

2021 Report to Donors



AN EXCEPTIONAL YEAR

A MESSAGE FROM THE CHAIR

This past year, though challenging in many ways, has been exceptional for the Cape Breton Regional Hospital Foundation.

So, first and foremost, I must extend my utmost gratitude to our community of donors. I don't think any of us imagined that restrictions and uncertainties would follow us into 2021. However, we have witnessed the true spirit and generosity of our community.

Because of your unwavering support, our Foundation realized new fundraising milestones and records for many events and initiatives:

- Radio Day saw the most day-of donors in its 14-year history.
- Festival of the Greens resulted in the largest yearly revenue in the event's 17-year lifespan.
- We successfully launched our largest capital campaign to-date: Cancer Care, Here at Home.
- And together, we raised over \$3 million for healthcare in Cape Breton – the largest revenue our Foundation has seen in a decade!

It takes a significant team effort to achieve these accomplishments. To our Board of Directors, staff, campaign chairs and cabinet, and our volunteers, I thank you. For your time, your passion, and your dedication to helping our friends, families, and neighbours, right here, at home.

And to our donors who continue to answer the call and support our hospital's priority needs, I thank you. For your commitment, your generosity, and for being an important part of our team and our community.

We are blessed by the support of a community that cares. And because you care, you have given hope for one and all, here at home.

Stan MacDonald

Chair, Board of Directors



Brian Purchase,
Vice Chair



Elaine Gibney,
Secretary



Kiki Kachafanas,
Treasurer



**Justice Simon
MacDonald,**
Board Member



Allyson Unsworth,
Board Member

2021 Board of Directors



Left to right: Brittany Hopkins, Fundraising and Stewardship Assistant; Jenna Dunlop, Annual Giving Officer; Cheryl Marsh, (former) Manager of Philanthropy; Paige Westbury, Manager of Marketing and Communications; Carolyn Aker, Financial Officer; Paula MacNeil, CEO; Sheri Fortune, Database Manager

A MESSAGE FROM THE CEO

What a year 2021 has been! The generosity of our island's people never ceases to amaze me. Our team had a number of lofty goals set for the year, and with the help of our community of donors, we realized these goals, and in many cases, surpassed them.

Our goals included securing a cabinet and launching the largest capital campaign in our Foundation's history. And, after launching in November 2021, we are more than halfway to our \$10 million fundraising goal for cancer care, here at home.

We also had a goal of hosting an in-person gala event. After having to cancel our signature Festival of the Greens in 2020, we were able to gather once again, and we saw 2021 be the most successful Festival to-date.

Our goal of setting up a Mental Health and Addictions Patient Care fund, which mirrors the Cancer Patient Care Fund, became a reality in 2021.

And, perhaps more importantly, our goals included supporting some of the most vulnerable in our community. Thanks to our donors, in 2021, we have disbursed nearly \$1 million to support our community's healthcare needs.

To our Board of Directors, staff, volunteers, and our donors, from the bottom of my heart, I thank you. Together, we are strengthening healthcare for Cape Breton.

Paula MacNeil, CFRE
CEO



Troy Penney,
Board Member



Chris Cameron,
Board Member



Jennifer Deleskie,
Board Member



Mike MacArthur,
Board Member



Yianni Harbis,
Board Member

CANCER CARE, HERE AT HOME

RAISING \$10 MILLION FOR CANCER CARE ON CAPE BRETON ISLAND

On November 10, 2021, we launched the largest capital campaign in our Foundation's history – the Cancer Care, Here at Home campaign. The campaign has a goal of raising \$10 million to support three priority areas within the new Cape Breton Cancer Centre: vital equipment, complementary patient programming, and research and innovation.

(Left to right) David Meuse, Membertou's Cultural Ambassador; Paula MacNeil, Foundation CEO; Mike McPhee, Campaign Chair; Chief Terry Paul, Chief and CEO of the community of Membertou and Honourary Campaign Chair; and Stan MacDonald, Board Chair. The group stands together after a Mi'kmaw blessing on the grounds where the new Cape Breton Cancer Centre is being built, signifying the launch of our Cancer Care Here at Home campaign.



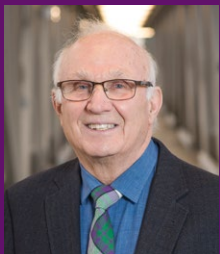
THE NEW CAPE BRETON CANCER CENTRE

Cape Breton has outgrown its Cancer Centre. Since the current 25,000 square foot Centre opened in 1998, cancer diagnoses on the Island have increased by 135 percent, and patient visits have more than tripled. Seeing Northern Contracting Limited break ground on our new, 65,000 square foot, state-of-the-art Cancer Centre has us excited and hopeful for cancer care, right here at home.

To the right is a rendering of the new Cape Breton Cancer Centre (right), planned Clinical Services Building (left), and on-site energy centre (bottom left). The new sites are located behind the Cape Breton Regional Hospital.



WE ARE STRONGER TOGETHER. THANK YOU TO OUR DEDICATED CAMPAIGN CABINET FOR WORKING TO ENHANCE THE FUTURE OF CANCER CARE FOR THE PEOPLE OF CAPE BRETON.



George Unsworth, FCA



Dr. Rex Dunn



Dwight Rudderham, QC



Martha (van Zutphen)
Campbell



Bob MacEachern



Katherine van Nostrand

CAMPAIGN REACHES HALFWAY POINT

Since launching only months ago, we are excited to say that we have officially reached more than 50 percent of our fundraising goal!

Helping us to achieve this milestone are two transformational gifts. During the launch, we announced that Annette Verschuren and her husband, Stan Shibinsky, graciously committed **\$1 million** to the campaign.

"Stan and I are very happy to support the Cancer Care Here at Home Campaign," says Annette Verschuren, Chair and CEO NRStor Inc. "We want to support all those battling cancer today and tomorrow. I was born and raised in Cape Breton and this island is where I learned the power of community."

Our second transformational gift comes from the Cape Breton Building Trades and Unionized Contractors. During the official concrete pour of the new Cape Breton Cancer Centre, it was announced that the group is committing **\$500,000** to the campaign over the next five years.

And, of course, this milestone would not have been possible without you – our community of donors. Together, through ongoing monthly donations, one-time gifts, responses to our letters, newsletters, and more, close to **\$800,000** has been contributed to cancer care, here at home. **Thank you!**



“ In Cape Breton-Unamaki, cancer impacts all of us. Whether you’re supporting a loved one through a difficult diagnosis, or fighting for your own health, the Cape Breton Cancer Centre’s role in that battle is crucial. Now is our time to come together as a community to provide state-of-the-art resources for the future of cancer care on our island. ”

Chief Terry Paul, Honourary Chair, Cancer Care Here at Home campaign

“ Our goal is to transform the future of cancer care on our island. We need to ensure that the people of Cape Breton have access to the best possible cancer care, here at home. Because, for many, travelling five-hours during their most vulnerable days, simply isn’t possible. ”

Mike McPhee, Chair, Cancer Care Here at Home Campaign



LEAVING A LECAGY

PLANNING THE GIFT OF A LIFETIME: PATRICK JOSEPH BURNS



Patrick (Patty/Paddy) Joseph Burns of Glace Bay died on August 17, 2020. Before his passing, Pat made an important gift in name of healthcare in Cape Breton, left in his Will.

His daughter Cheryl Gallagher, on behalf of her siblings, Kim Luke, and Todd and Stanley Burns, proudly notified our team of the generous donation their father earmarked for our Foundation – \$100,000 toward the Neonatal Intensive Care Unit (NICU) and \$100,000 toward Cape Breton's new Cancer Centre.

"We are immensely proud of our father's life journey and legacy of giving," says Cheryl. "His generosity will continue to touch the lives of many in the future, just as it did in the past."

Pat's children say they were raised knowing family comes first, and that supporting community and helping those less fortunate were values near and dear to their father's heart.

Two of Pat's grandchildren, Adrienne and Joshua, were born prematurely and spent weeks in the NICU at the local hospital. One of his brothers, George, with whom he worked, succumbed to cancer. Both experiences touched Pat profoundly and led to his special affinity for both the NICU and the Cancer Centre at the Cape Breton Regional Hospital.

Pat's family shares that he had a natural entrepreneurial spirit, and a drive to build a life for his family. Quitting school as a young teen, Pat went on to join the Navy. In the early 1970's, he opened Pat Burns Painting, and in 1981 the business became incorporated as Pat Burns Painting Contractors Ltd. In 2015, Patty was named Irving Schwartz Business Person of the year by the Cape Breton Regional Chamber of Commerce.

We are honoured that Pat thought of our Foundation and our healthcare community during his final days, and will ensure his loving legacy lives on.



Cheryl Gallagher (right), sits with her daughter Adrienne (left) and granddaughter Layla (middle). Cheryl is the daughter of the late Patrick Burns, who left a generous gift in his Will to our Foundation.

HONOURING A HEALTHCARE HERO: TOM MACNEIL



We are proud to rename the Cancer Patient Care Fund, one of the Foundation's largest funds, in honour of its founder, Tom MacNeil.

The fund was officially renamed the 'Tom MacNeil Cancer Patient Care Fund' during a virtual retirement celebration held in Tom's honour. Tom, a Medical Social Worker, retired from his role at the Cape Breton Cancer Centre after 40 years in the field of social work and social services, including more than 20 years at the Cancer Centre.

With Tom's help and leadership, the Cancer Patient Care Fund has disbursed more than \$3.2 million to people battling cancer, right here, at home.

In 2005, recognizing a dire need, Tom founded the Cancer Patient Care Fund, which aims to relieve financial stress for those battling cancer. The fund, which now supports approximately 45 cancer patients each month, helps to cover costs of travel to-and-from medical appointments, both locally and to Halifax; home bills such as heating and groceries; psychosocial support programs such as art therapy, counselling services and support groups, music therapy, yoga, and Thai chi; and more.



"To have my name associated with an entity that does its best to eliminate one of the worries of cancer is very rewarding," says Tom MacNeil. "Many people suffer job loss either temporarily or permanently when cancer strikes, and people often find themselves with bills they didn't have before, by way of medical expenses. The Cancer Patient Care Fund has been a communal endeavor to help with these expenses. Words cannot express my gratitude for this honour and to everyone who has supported the Fund."

Tom is recognized throughout the CBRH and Cape Breton Cancer Centre for his tireless effort to ensure cancer patients and their families have proper supports and resources required to ease their journey. The staff of the Foundation, as well as the Cancer Centre, extend their gratitude for Tom's work, and wish him well in his retirement.

A COMMUNITY THAT CARES

Sarah and Olivia Burke hosted a juice stand in the summer of 2021. Hearing that a lot of people are struggling with their mental health since the COVID-19 pandemic, they felt inspired to help. They presented our Foundation with \$100 for our (new) Mental Health & Addictions Patient Care Fund!



In December, the team from McDonald's in Cape Breton presented a cheque for \$45,000 to our Foundation! This money was raised as a result of McHappy Day efforts, and will go toward the purchase of a Prone Assistive Device for the ICU. To date, this incredible team has raised \$322,461 for healthcare in Cape Breton!

Thanks to Johnson Insurance, we had the opportunity to treat healthcare experts at the Cape Breton Regional Hospital to cookies and coffee! This was a small token of our appreciation and gratitude for keeping us as safe and healthy as possible.



In February 2021, the Sydney Call Centre Inc. donated \$50,000 to our Foundation! The staff at the Centre raised \$25,000 through payroll contributions and other activities, and Anthony Marlowe, Founder and CEO of the Sydney Call Centre, matched the staff's efforts with another \$25,000. This generous donation was divided evenly to the Cancer Patient Care Fund and Pediatrics TLC Fund.



Our great friends at Colbourne Auto Group committed \$100,000 to the Because You Care Catalogue over the next five years! The Catalogue is now in its fourth year and has traditionally been a holiday gift catalogue. Because of Colbourne Auto Group’s commitment, the Catalogue is now available for gift giving year-round.



Everett Gillis celebrated his fourth birthday, and for the fourth year in a row, made a donation of pajamas to the pediatric unit at the CBRH. Everett was a patient of both NICU and Pediatrics, and his parents say they know firsthand and understand the needs that arise when seeking and receiving such medical care.

Colin and Justin (new Cape Bretoners, owners of Point of View Suites, interior designers, TV show hosts and more) hosted the 'Beggars Banquet Benefit' to sell (by donation) the beautiful décor items left from the Suites' previous owner. After a very successful fundraiser, the duo presented our Foundation with more than \$6,000 for the Cancer Patient Care Fund.



Kathleen Yurchesyn and Scott Thomas participated in Move Because You Care – a virtual event to run, walk or “move,” hosted by our Foundation. The friends ran a 10K race and raised nearly \$2,500 for Cape Breton’s new Cancer Centre!

A RECORD-SETTING YEAR

RADIO DAY: BRINGING A NEW ECHOCARDIOGRAM MACHINE TO OUR HOSPITAL

The 14th annual Radio Day took place at Centre 200 on October 7, raising **\$678,858** for health and cancer care in Cape Breton.

Partnering with Hot 101.9 and New Country 103.5, the 12-hour radiothon featured several stories from patients and their families, saw donations from more than 2,300 community members and organizations (the most day-of donors in Radio Day history), and had the support of more than 100 volunteers.

The total amount raised included 100 percent of the funds needed to purchase a new echocardiogram machine for the Cape Breton Regional Hospital, which was one of the main goals of the day.

An echocardiogram, or echo, is an ultrasound that checks the structure and function of the heart and its valves.

The new machine has now arrived at the CBRH and means shorter wait times for approximately 5,000 annual cardiovascular patients and 50 monthly cancer patients who receive vital testing as it relates to the heart.

Additionally, the new machine offers the ability to perform Strain testing, which is necessary when planning cancer treatments, and will reduce the need for more invasive tests using nuclear medicine.



Dr. David McFarlane; Dr. Paul MacDonald; Raylene McGhee, Zone Director of DI & Cardiac Services; Dr. Dongsheng Gao; and Tammy MacKinnon, Sonographer, stand in Cardiac Services with the new Echocardiogram Machine.

FESTIVAL OF THE GREENS: MAKING MILESTONES, TOGETHER AGAIN

After a one-year hiatus due to the pandemic, our Foundation was thrilled to be able to host and celebrate the 17th annual Festival of the Greens, presented by Cape Breton Beverages. The event raised **\$149,578** in support of healthcare on the island – the largest revenue in the event’s history!

Helping to achieve this fundraising goal was a live auction, which accounted for close to \$50,000 of the total amount raised. All funds raised from the evening support our Area of Greatest Need, which allows the Foundation and medical experts to direct donations to the highest priority needs of healthcare in Cape Breton.

With the support of our community, Festival of the Greens has raised more than \$2 million to-date. **Thank you!**



SURPASSING GOALS, BECAUSE YOU CARE

Launching the second annual Move Because You Care, our team had a fundraising goal of \$10,000 in support of Cape Breton’s new Cancer Centre. With an outpouring of support for the event, our participants and donors helped us to surpass this goal, raising more than **\$15,000!**

In 2021, we also hosted the second annual Golf Because You Care. This year, the tournament was sponsored by the Cape Breton Building Trades and Unionized Contractors. Their generous support allowed us to set new fundraising records for the event, raising a total of **\$36,900** – that’s more than \$15,000 more than the year before. **Thank you!**



SAVE THE DATES

RADIODAY
2022

Thursday, October 6

MOVE
Because You Care

June 10 - 12

FESTIVAL OF THE
Greens

Saturday, November 26

NEW WAYS TO SUPPORT HEALTHCARE IN CAPE BRETON

MENTAL HEALTH AND ADDICTIONS PATIENT CARE FUND

We are incredibly proud to have launched a new fund aimed at supporting Mental Health and Addictions patients at the CBRH who are experiencing financial need.

The new fund will help cover costs for items such as prescriptions not covered by insurance, comfort items (i.e. winter clothing), travel for the purpose of healthcare, recreational therapy initiatives, dental work and other out-of-pocket expenses incurred while being treated and cared for by Mental Health and Addiction Services within the CBRH or associated community programs.

Since launching in May 2021, this new fund has provided prescriptions, musical instruments, gym passes, outdoor recreational sport equipment, dental work and more, to Cape Breton patients in need.



A few members of the Mental Health and Addictions Services team.

FORGET ME NOT PACKAGES

Forget Me Not Packages is a project founded by community member/leader Petra Buis, after she and her fiancé experienced three heartbreaking miscarriages.

Wanting to connect with and support those experiencing similar losses and grief, Petra has partnered with our Foundation to fundraise for and provide comfort and care packages to those in need at the CBRH.

"Knowing that not everyone has the support networks that Andrew and I do, or the ability to be open about their experience, I wanted to do something to help others in their time of grief," says Petra.

Forget Me Not packages are now available in several units within the CBRH and GBH, and are filled with simple comfort items like Tylenol, feminine products, treats, hot/cold compresses and more, as well as women's health and mental health-related resources.



Petra Buis and Andrew Johnston with their puppy, Dierks.



A TRIBUTE TO STEVE PASTUCK

DECEMBER 23, 1953 - JANUARY 25, 2022

Our team was blessed with the opportunity to meet and get to know Steve Pastuck over the past year. Steve's daughter, Ashley, first shared his story and battle with cancer during our Move Because You Care event. We were touched by Ashley's account of her father and family's story, perseverance, and love for one another. We were honoured to continue sharing their story throughout Radio Day, Pink at the Rink, and many other initiatives in name of cancer care in Cape Breton.

Steve was living with stage four breast cancer – a rare diagnosis for men.

"Having stage four breast cancer means there is no cure," Ashley shared with us. "It means you are always on some form of treatment. So, having Dad home for his cancer treatment means our family can spend as much time with him as we possibly can."

Ashley also shared that being at home is what she and her family believe kept her dad alive and fighting for almost seven years.

"Being able to see his grandkids play baseball or hockey, spend evenings in the garage with my brother, visit with his mother, have a bonfire with my mom – the simple, everyday things – have kept him going in his fight."

Sadly, we received the news that Steve passed away in January of 2022. Our Foundation holds Steve's memory close and sends our deepest condolences and love to his family.



THANK YOU TO THE PASTUCK FAMILY
FOR SHARING STEVE'S STORY
WITH ALL OF US.

2021 DONORS

WE ARE GRATEFUL FOR EVERY GIFT WE RECEIVE. BELOW, WE ARE PLEASED TO RECOGNIZE DONORS WHO HAVE CONTRIBUTED \$250 OR MORE IN 2021.

*Names marked with an asterisk denotes those who belong to our GEM program and Give Every Month.

\$250 - \$999

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3296654 Nova Scotia Ltd.
3310453 Nova Scotia Limited (Freshii)
3332909 Nova Scotia Ltd
902 Plumbing & Heating
902 Sign Group Ltd.
A. B. Mechanical Ltd
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A.A.A. Plumbing & Heating Ltd.
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Sketchline Design
Mrs. Sandra Smith
Mr. Conrad Snow
Spiritual Life Centre
Mr. Mark Steckley
Steve Lewis Auto Body
Strategic Charitable Giving Foundation
Mr. & Mrs. Michael D. Sullivan
Sydney Credit Union (Main Branch)
Sydney Mazda
Mr. Ben Sylliboy
Tamarind Optical
Siva Thanamayooran Medical Inc.
The Aucoin Group
The Benevity Community Impact Fund
The Breton Ability Centre
Mr. & Mrs. Maurice R. Troke
United Way of Cape Breton
United Way of East Ontario
Dr. Muhammad Usman Medicine Inc.
Mr. Steve & Mrs. Katharine Van
Nostrand
John & Teresa van Zutphen
Ted Van Zutphen

Ms. Annette Verschuren
Viewpoint Realty
Mrs. Valerie Walsh
Mr. Fred Warner & Mrs. Ellen Warner*
Mrs. Norma Warner
Mr. & Mrs. Abe White DON
Mr. & Mrs. Kerry White
Mr. & Mrs. Richard White
Ms. Jeanne Whyte
Mr. Blair Williams
Mr. Graham & Mrs. Betty Williams*
Ms. Leijsa Wilton
Mr. & Mrs. Craig Winsor
Woodl& Building Supplies Ltd.
Ms. Dolores Young*
Ziggy's Pub & Grill

\$10,000 +

Access Nova Scotia
Mr. & Mrs. Peter Bowie
Cape Breton Beverages Ltd.
Cape Breton Cancer Patient Care Fund
Walk, Cheticamp
Cape Breton Island Building &
Construction Trades Council
Cape Breton Regional Hospital Auxiliary
Cape Breton Trailer Sales
Mr. & Mrs. Gordon Card
Colbourne Chrysler Inc.
Colbourne Ford Sales Ltd.
Dr. & Mrs. Rex S. Dunn
Harbourfront Development Ltd.
Hunston Kachafanas CPA
Island Breast Friends
Jim Sampson Motors Ltd.
Johnson Insurance
Jost Vineyards
Mr. Curtis Karrel
Mr. Martin J. Karrel
Mr. & Mrs. David Laurendeau
Lindsay Construction Ltd.
Estate Of Anne Lionais
Mr. Stuart MacLeod & Mrs. Nonie
MacLeod
McDonald's Restaurant
Mr. & Mrs. Mike McPhee
MECO Construction
Mr. Dave Muggah
Mr. Harry Murphy
Nova Scotia Road Builders Association
NuStar Energy
Mr. Georghios Paleologou
Mr. & Mrs. Eric Parsons
Ramsay's Honda Auto Sales Ltd.
Dwight J. W. Rudderham Law Office Inc.
Mr. Edgar Samson
Schwartz Furniture Showrooms Ltd.
The Breton Law Group
The John & Jeanne Eyking Family
Foundation
The Sydney Call Center Inc.
Mr. & Mrs. Paul Tobin
Mr. & Mrs. George A. Unsworth
Mr. & Mrs. Frank B. Vanschaayk
Wawanesa Insurance

We are proud of our Because You Care Tartan (as seen woven throughout this report), designed by Red Label Kilts & Tartan Design by Deana Lloy in 2016.

The Because You Care Tartan uses the colors black, white, green and purple.

- ▶ **BLACK** represents Cape Breton's coal mining history, and the color of the earth as the construction began for the CBRH.
- ▶ **WHITE** often represents safety, purity, and cleanliness. Our Tartan features white to represent the CBRH staff that care for Cape Breton patients from their first breath to their last.
- ▶ **GREEN** is representative of all Cape Bretoners who use the services of the CBRH.
- ▶ **PURPLE** represent our donors and partners who give so generously to support programs and services.



The Cape Breton Regional Hospital Foundation is proud to be a registered charity, nationally accredited by Imagine Canada.

To be accredited by Imagine Canada, a charity must demonstrate excellence and leadership in five key areas of operation: board governance; financial accountability and transparency; fundraising; staff management; and, volunteer involvement.

Our Foundation, which has been accredited since 2017, is proud to uphold these standards to better serve our donors, community, and Hospital.

Charitable Donation Number - 13040 4593 RR0001

THANK YOU FOR GIVING WHERE YOU LIVE, BECAUSE YOU CARE.

Together, we are providing hope for one and all,
right here, at home.



HAVE YOU HEARD ABOUT OUR GEM PROGRAM?

Give Every Month and become a GEM, directly and consistently supporting the needs of Cape Breton patients and the more than 600,000 visits made to the Cape Breton Regional Hospital annually.



REGIONAL
HOSPITAL FOUNDATION

45 Weatherbee Rd, Suite 209, Sydney, NS B1M 0A1
902-567-7752 | www.cbrhfoundation.ca

@cbrhfoundation  |  | 