



REGIONAL
HOSPITAL FOUNDATION

STRONGER TOGETHER

2022 Report to Donors



Dena Edwards Wadden hugs Janice Hannah, co-lead, tightly after the first annual Teal to Heal fundraising grand total was announced. More on p.11.

A RECORD-BREAKING YEAR

A MESSAGE FROM THE CHAIR

'Stronger together' is truly a fitting title for the 2022 report to donors, as this sentiment has shown itself repeatedly throughout the past year at the Cape Breton Regional Hospital Foundation.

After two years of navigating a global pandemic, our community was able to come together, once again, with a shared goal of strengthening health care on our island.

Our signature events, which include Golf Because You Care, Because You Care Cup, Radio Day (Month), and Festival of the Greens, were able to return and operate at full capacity.

More than 87 community-led fundraisers took place, 34 of which were newly created in 2022.

More than 375 volunteers and thousands of community-minded folks from Cape Breton and beyond contributed to the success of each fundraiser and event.

The Cancer Care Here at Home campaign, our largest capital campaign to-date, has made leaps and bounds toward its transformational goal.

Despite challenging times, your commitment and dedication to supporting those most vulnerable in our community remain. I am incredibly proud to share that, together, we have raised more than \$4.1 million in 2022, for health care in Cape Breton. This is record-breaking for our Foundation!

On behalf of the Board of Directors, I extend my utmost gratitude to our friends, partners, supporters, donors, and staff. We have proven that we are stronger together, and together, we are changing lives.

Stan MacDonald
Chair, Board of Directors



2022 Board of Directors



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A MESSAGE FROM THE CEO

This past year has been like no other. While our community shared hardships, your generosity, spirit, ability to rise above, and compassion for others has prevailed. So much so, our Foundation realized its largest fundraising revenue in its 37-year history.

Along with the return of our signature events, we had many firsts to include a major vehicle lottery, in support of the Cancer Care Here at Home campaign. We also saw a tremendous increase in community-led fundraisers. And, our largest fundraising event of the year, Radio Day, despite the effects of hurricane Fiona, turned into a month-long initiative and raised more than \$1 million.

Each day, I am reminded what an absolute honour it is to hold the position of CEO of the Cape Breton Regional Hospital Foundation. It's the big things, such as purchasing cutting-edge technology to place in the hands of our health care experts. But more often than that, it's the small things. It's the wife who baked our team cookies after we were able to fund her husband's oxygen machine. It's the teary-eyed hug from a cancer patient who received a standing ovation

at a community event. It's the ability to send a patient home from the hospital with clean socks and clothing, or to ensure they have a warm home to return to.

The opportunity to make a difference – to connect our community's generosity with those who need it most – is one I am grateful for every day. As I reflect on what a monumental year 2022 has been, I am mindful that health care needs continue to grow more significantly each year.

I take comfort in the strength of our community, and in knowing that we are stronger together. Thank you, from the bottom of my heart, to the more than 7,300 donors in our community who continue to trust our Foundation, and provide support to our friends, families and neighbours, right here, at home.

Paula MacNeil, CFRE
CEO



Sheri Fortune
Database Manager



Caitlyn MacDonald
Manager of Philanthropy



Carolyn Aker
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Paige Westbury
Manager of Marketing
& Communications



Craig Joseph
Fund Development Officer



Ashley MacKeigan
Annual Giving Officer



Brittany Hopkins
Stewardship &
Administrative Assistant

Foundation Staff

A MILLION DOLLAR MONTH FOR RADIO DAY

Radio Day is our Foundation's largest annual fundraising event, and has raised more than \$10 million for health care needs since its inception in 2008. In 2022, the 15th annual Radio Day was dedicated to raising funds for our Mom and Baby, and Pediatrics TLC funds, which support more than 600 Cape Breton patients each year.

Less than two weeks before event day, initially scheduled for October 6, hurricane Fiona devastated our community and the Cape Breton Regional Municipality remained in a state-of-emergency. We knew we had to postpone and allow our community time to recover and rebuild. And so, Radio 'Day' became Radio 'Month,' and was featured throughout November.

Knowing that times have been strenuous, the results of Radio Month left us in awe of our community.

Local stations **Hot 101.9** and **New Country 103.5** aided us in the transition by airing health care stories every day throughout the month. Our annual Radio Day Power Hour partners, **MECO Construction** **DKI**, **Schwartz Furniture** and **Jim Sampson Motors**, graciously kept their commitment to match all donations up to \$10,000 each.

More than 400 individual donors and 76 community fundraisers supported the cause.

We are extremely proud to say that, with the generosity of our community of donors, Radio Month raised an incredible total of **\$1,001,700.06** for health care in Cape Breton!

This is only the third time in the event's 15-year history that it surpassed the million-dollar mark.

Thank You

TO EVERYONE WHO SUPPORTED RADIO MONTH, BECAUSE YOU CARE!



For the third time in Radio Day's 15-year history, more than **\$1 million** was raised!



During Radio Month, we hosted a 'fundraiser social' to celebrate those who have been working hard to raise funds for health care in Cape Breton. Shown here is the Laurendeau family, who raised **\$45,102.18** for the Neonatal Intensive Care Unit. This is their 11th year fundraising.



On the final day of Radio Month, we were just shy of the \$1 million mark. Craig Boudreau and New York Fries made a last-minute donation of **\$6,000** which took us to the phenomenal milestone. **Thank you!**

TOGETHER AGAIN

In 2022, we saw the return of our annual signature events, which include **Golf Because You Care**, **Because You Care Cup**, **Radio Day (Month)**, and **Festival of the Greens**. In total, these events raised more than **\$1.19 million** for health care in Cape Breton, while also providing meaningful connections with, and experiences for, our donors, volunteers, and event participants.

Aside from Radio Month, which supported our 'Mom and Baby' and 'Pediatrics TLC' funds, all funds raised through our 2022 signature events support the Area of Greatest Need. By entrusting our Foundation with gifts in this unrestricted category, our donors allow knowledgeable medical leaders and staff to direct funds to the highest priority needs of the Cape Breton Regional Hospital. **Thank you!**

Golf Because You Care took place in August at the beautiful Seaview Golf & Country Club. With 34 teams and 14 hole-sponsors, the tournament raised **\$22,737**.

Because You Care Cup, presented by **ARL Mechanical**, returned for the first time in three years. Along with a fun-filled weekend of road hockey, the **Cape Breton Eagles** stopped by to encourage players and sign autographs. With more than 55 teams, 500 players, and the support of 54 volunteers, the tournament made a successful comeback, raising **\$50,662**.

In November, we celebrated the 18th annual **Festival of the Greens**, presented by **Cape Breton Beverages**, which was emceed by Fiona MacGillivray. Along with premiere musical guests, the sold-out event featured the Foundation's silent auction, and coveted live auction, raising **\$117,632.70**.

To review our **2022** audited financial statements, visit cbrhfoundation.ca/financial-statements.



Cayla's Army, named in honour of the late Cayla Toomey, was the winning team of Golf Because You Care 2022.



C & K's Crew were the winning fundraising team of Because You Care Cup 2022, raising \$2,120.



Pretty Archie kicked off the holiday season, playing for a crowd of 600 at the Membertou Trade and Convention Centre.

SAVE THE DATES



AUGUST 25



SEPTEMBER 16 & 17

RADIODAY
2023

OCTOBER 5

UPLIFTING OUR *Friends, Family and Neighbours*

Our community-led fundraisers and events returned in 2022, bringing the people of our island together to support health care for our friends, families, and neighbours.

These events and initiatives rekindled our community spirit and contributed **\$744,692** to 12 areas of care throughout the Cape Breton Regional Hospital. Thank you to the 87 individual fundraisers who continue to dedicate their time and energy to uplifting those in our community who need it most!

When Lucas Howley found out his mom, Tanya, was diagnosed with breast cancer, he wanted to help others in the same situation. Working with his friends, Lucas made and sold bracelets in the schoolyard during recess and lunch, surprising his mom (and our Foundation) with a donation of \$205.95. Lucas' efforts support the Tom MacNeil Cancer Patient Care Fund, which helps 45-60 cancer patients each month.



For the past three years, PetSmart Sydney has donated hundreds of stuffed animals to be given throughout the Cape Breton Regional Hospital (CBRH) during the holidays. This year, these cute and comforting friends were delivered to nearly 200 patients receiving treatment in Cardiac Services, Renal Dialysis and the Stroke Unit.



After two years of cancellations, Sydney Ribfest returned, thanks to the tremendous efforts of the Rotary Clubs of Cape Breton. Over the past three events, \$163,858 was raised by donations at the gate, which support Caleb's Courage and all the little superheroes fighting BIG battles, and the Tom MacNeil Cancer Patient Care Fund.



87
FUNDRAISERS
HELD IN SUPPORT OF
OUR FOUNDATION

\$744,692
RAISED

12
DIFFERENT AREAS
OF CARE SUPPORTED



During the aftermath of hurricane Fiona, our local Boston Pizza went above and beyond to make more than 300 pizzas for health care workers at the CBRH. Recognizing that many front-line workers remained without power, Boston Pizza's staff stayed late and worked hard to ensure hot meals could be delivered.



Copol International has been a longtime supporter of our Foundation, primarily through their payroll deduction program that began in 2015. Over the past seven years, Copol International employees have given \$17,099 through this program, while the organization contributed \$19,537. Combined, they have given an incredible total of \$36,636.



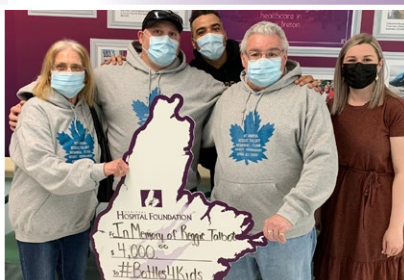
The 9th annual Mi'kmaq for the Cure, held in memory of its founder Sherise Gould, raised \$6,020 for the Tom MacNeil Cancer Patient Care Fund. Sherise and her husband, Eldon, along with their children, family, friends, and community, started this walk to raise awareness and money for breast cancer.



Bud's Speedway held the first annual Caper Memorial, honouring past members and raising \$1,400.25 in support of the Area of Greatest Need. Partnering with 125 Details and Sentry Security, proceeds were raised through a gift basket raffle and the event's beer garden.



Tim Hortons hosted their annual Smile Cookie campaign across the country from September 19-25. Locally, 100 per cent of proceeds were earmarked for Caleb's Courage. A total of \$98,144 was raised and is an astounding success, especially given that hurricane Fiona halted the last two days of sales.



The inaugural Reggie Talbot Memorial Floor Hockey Tournament took place in 2022, hosted by family and friends of the late Reggie Talbot. The tournament raised \$4,000 in support of #Bottles4Kids – an initiative led by Gordie Farmer in support of children's mental health.

34
NEW FUNDRAISERS
IN 2022

35
BIRTHDAY FUNDRAISERS
HOSTED ON FACEBOOK

A LEGACY of Giving

When Harry Murphy passed away in July 2022, the former teacher, principal, and union leader left behind a legacy of giving.

Harry and his late wife Sandra Giebitz, who was born in New Waterford, were long-time residents of Kingston, Ontario, but the couple made frequent trips back to Cape Breton and considered the island a second home.

For Sandra, whose father received care at the Cape Breton Cancer Centre, supporting health care on the island was a cause close to her heart. When she passed away in 2021, Sandra left behind a gift of land, which resulted in \$30,000 toward our Foundation. Following his wife's lead, Harry decided to add the Foundation to his will as well.

In recognition of a \$150,000 gift from Harry's estate, the volunteer room in Cape Breton's new Cancer Centre will be named in Harry and Sandra's honour. The room will serve as a place where volunteers can prepare for tasks, connect with other volunteers, or take a deserved break and enjoy coffee and snacks.

Harry's family shares that he was a frequent volunteer with a passion for giving back to local communities, volunteering actively at the Kingston Hospital, Salvation Army, Inn of the Good Shepherd and St. Vincent DePaul.

"It would make Harry very happy to know that volunteers such as him were using this space – people who are there solely to provide a laugh or a friendly face to people who just need a little help," says Chris Murphy, Harry's brother.

With the construction of the new Cancer Centre underway, contributions like Harry and Sandra's will ensure that patients receive the care and attention they deserve, while serving as an inspiration for the next generation of volunteers.



Harry Murphy (top left) stands with his siblings.



Husband and wife Harry Murphy and Sandra Giebitz left legacy gifts in their wills to the Cape Breton Regional Hospital Foundation.

A MISSION TO *Change Lives*

Molly Wadden was just nine years old when she was diagnosed with Ewing Sarcoma, a type of bone cancer. Over the next few years, the 'larger-than-life' pre-teen underwent chemotherapy, radiation therapy and multiple surgeries to fight the terrible disease.

After almost two years of having great test results and feeling physically strong, Molly and her family were notified the cancer had returned, and that treatments were no longer working.

Molly chose to push through her pain and spend her remaining time doing the things she loved – being with friends and family, playing volleyball, singing, and paying forward all the good things she had in her life. With her time growing short, Molly was overcome with the need to make a positive difference in the world, especially for children, like her, battling critical illness. This is how 'Molly's Mission' was born.

During Molly's battle, she and her family received financial support from the Cape Breton Regional Hospital Foundation to help with travel, accommodations, and meals for each trip made to Halifax for treatments and tests.

With gratitude for the donors and causes that supported Molly through her struggles, and a longing to provide hope to others in similar situations, Molly created 'Molly's Mission' to give back. And give back she did! In her last months, Molly raised more than \$35,000 for causes near-and-dear to her heart, including the Cape Breton Regional Hospital Foundation and Caleb's Courage.

It is with saddened hearts we share that Molly passed away on July 7, 2022. Molly leaves behind an incredible legacy. One that teaches us to be kind and considerate, to love, laugh, and live to the best of your ability, and to share what good fortune and talents you have with your community.



Molly's classmates at **Whitney Pier Memorial** showed their support by hosting fundraisers in honour of Molly's Mission, raising **\$5,642**.



Our annual **Because You Care Catalogue**, presented by Colbourne Auto, was published in Molly's honour, with a goal of carrying on her mission to change lives.

Molly (front left) sits with her sister Larissa, parents Jeff and Nadine, brother Chase, and Roxy the dog.



BECAUSE *you* CARE...

Every single day we are left in awe of the generosity, kindness, and compassion that exists within the Cape Breton community. Health care journeys carry with them an array of emotions. Our community of donors and supporters shine a light for our friends, family, and neighbours, in times when they need it most. As a friend and supporter of our Foundation, please know your impact is vast, and that you are touching lives, daily. Together, we are strengthening health care, right here, at home.

HERE ARE SOME OF THE POSITIVE CHANGES WE HAVE BEEN ABLE TO MAKE, TOGETHER, AS A COMMUNITY THAT CARES.

In February 2022, a new echocardiogram machine arrived at the CBRH. A true testament to 'power in numbers,' 471 donors helped to purchase this cutting-edge technology.

Since its arrival, more than 2,000 patients have benefitted from the machine, which provides better quality scans and imaging, new types of testing to aid with cardiomyopathy diagnoses, and 3-dimensional imaging of the heart.



Team members working in the Stroke Unit noticed a need to support patients beyond their health care expertise. Working with our Foundation, they initiated a patient care fund to support patients' financial needs while receiving care.

The team hosted a number of fundraisers, raising \$5,196.50. The fund has supported several patients so far, including the purchase of gas cards for support-people travelling back and forth to see their loved ones who were admitted for long stays; clothing for a patient in need; parking passes; personal hygiene care, and more.

Donors of our Palliative Care fund helped to purchase a Broda Chair, which is referenced by health care experts as an 'invaluable tool'. This chair benefits those who do not have strength to hold themselves up, and allows patients to be out of bed and engage in activities with their families, or to get outside and spend time in the beautiful Hospice gardens.

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Sawyer + Sunny Maternity & Baby Boutique held fundraisers to purchase a Halo Bassinet for the Mom and Baby Unit. This adjustable bassinet gives new parents, especially those recovering from c-sections or in a wheelchair, easy access to their babies without getting out of bed.

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Donors of the Mental Health and Addictions Patient Care fund helped to purchase e-readers for the unit. Health care experts have shared that these e-readers have been most impactful for those in isolation due to infection control protocols. Isolation can be significantly challenging for those experiencing mental illness, and the e-readers have provided entertainment by allowing patients to watch television shows, movies, read e-books, and more.

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In May, the first annual Teal to Heal walk/run, organized by Dena Edwards Wadden, raised \$116,877 in support of the newly created Teal at Home fund, which supports those living with ovarian and other gynecological cancers. Over 1,000 Cape Bretoners came together for this cause. To-date, more than \$25,000 has been disbursed to patients in need, to aid in travel to specialist appointments, post-surgery support, childcare during treatments, psychological supports, and more.

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Because of our donors, we have been able to support medical education at the CBRH by aiding a simulation program, created to meet the needs of students. In 2022, our donors helped to purchase two Butterfly IQ ultrasound machines, which allow students to train and hone their live point-of-care ultrasound skills.

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Hope for one and all:

CAPE BRETON'S NEW CANCER CENTRE

In November of 2021, our Foundation launched its largest capital campaign in history: Cancer Care Here at Home. The campaign is a \$10 million effort to revolutionize cancer care in Cape Breton, bringing cutting-edge technology to the island while supporting patient programs, research and innovation, all to take place in Cape Breton's new Cancer Centre.

As the new structure impressively rises toward the sky, hundreds of individuals, organizations, and corporations have answered the call to support this important initiative.

We are extremely proud to say that in 2022, nearly 100 per cent of the campaign's goal has been achieved. Our Foundation has received outstanding support from our generous donors, which will significantly help in transforming the future of cancer care for Cape Breton.

Thank you to all of those who continue to support our capital campaign, providing hope for one and all, right here, at home!

- 1 new stand-alone Cancer Centre
- 9 new pieces of vital equipment
- 7 new clinical exam rooms
- 4 new spaces for counselling
- 4 new medical day unit spaces
- 11 new chemotherapy seats
- 1 new Research and Clinical Trials space
- 4,465 donors, 9,198 gifts
- 1 shared goal: to enhance cancer care for the people of Cape Breton Island



In May, our Foundation partnered with **Colbourne Auto** to launch our first-ever vehicle lottery, in support of the campaign. With the grand prize of a custom Colbourne Ford Bronco, ticket sales resulted in **\$139,370** raised for cancer care, here at home. Lakhveer Singh Rupal, a Cape Breton University student studying health care management, was the lucky grand prize winner.

Left to right: Brad Jacobs (Colbourne Auto), Lakhveer Singh Rupal, Ashok Kumar Maurya, Caitlyn MacDonald and Stan MacDdonald



In October, we had the great opportunity to join Nova Scotia Health for a special event. Gathering in front of the building site, health care workers, project team-members, donors, patients, and members of our community excitedly signed the last steel beam to be placed in Cape Breton's new Cancer Centre.

Dr. Rex Dunn, an instrumental member of the volunteer campaign cabinet, signs the last piece of steel to be placed in the new Cape Breton Cancer Centre.



A TRIBUTE TO

Jennifer MacDonald (1987-2022)

Jennifer MacDonald was fun-loving, fearless, kind, charismatic and selfless. These traits were evident throughout her eight years working at the Cape Breton Regional Hospital Foundation, and beyond.

When Jen's career took her in a new direction, the Foundation remained close to her heart. She became a monthly donor to ensure all televisions in the Pediatrics Unit at the Cape Breton Regional Hospital had Netflix subscriptions, knowing how much it would mean to children with hospital stays.

After her passing, a group of friends and former co-workers launched the **#LiveLikeJen** movement to encourage acts of kindness throughout our community. This same group launched a fundraiser, selling **#LiveLikeJen** t-shirts, raising \$2,050 in support of our Foundation. May we all continue to **#LiveLikeJen**, uplifting others in our community.



Nancy Dingwall (1953-2022)

Nancy Dingwall was an active member of the Cape Breton community. Her contributions were vast and will not be forgotten.

Our Foundation had the honour of having Nancy as the Chair of our Board of Directors in 2007, where we saw her leadership and gift for connection first-hand.

A loving mother, grandmother, wife and friend, Nancy started her career as a physiotherapist, and has dedicated much of her life to our health care community. More than technical knowledge, Nancy cared for those she encountered daily, and that was genuinely felt by all who came into her presence.

"My wish is that I never need the services, but my comfort is in knowing that we have competent compassionate people and the equipment and technology available for everyone who is in need." – Nancy Dingwall, taken from the 2007 annual report to donors, message from the Chair.



OUR FOUNDATION HOLDS THE MEMORY OF JEN AND NANCY CLOSE
AND SENDS OUR DEEPEST CONDOLENCES AND LOVE TO THEIR FAMILIES.
JEN AND NANCY, MAY YOU REST IN PEACE.

2022 DONORS

WE ARE GRATEFUL FOR EVERY GIFT WE RECEIVE. BELOW, WE ARE PLEASED TO RECOGNIZE DONORS WHO HAVE CONTRIBUTED \$250 OR MORE IN 2022.

*Names marked with an asterisk denotes those who belong to our GEM program and Give Every Month.

\$250 - \$999

3296654 Nova Scotia Ltd.
3332909 Nova Scotia Ltd
4343213 Nova Scotia Ltd. (Ugly Mug)
4VN Groundfish Management Society
7617186 Canada Limited - No Frills #2702
902 Sign Group Ltd.
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